



# Our Lady of Perpetual Help

✠ 222 west redoubt avenue ✠ soldotna, ak 99669 ✠

Catholic Community Served by the Missionary Oblates of Mary Immaculate

## MASS SCHEDULE:

### SUNDAY LITURGY

Saturday 5:00 pm

Sunday 10:00 am

### WEEKDAY MASS:

Tues - Fri 12:05 pm

### ADORATION OF THE BLESSED SACRAMENT

12:30 pm Thursday to 12 noon on Friday

## CONTACT US: PARISH OFFICE

### Office Hours:

Closed on Monday

Tuesday / Thursday 9:00 am to 3:00 pm

Wednesday 9:00 to 7:00pm

### Parish Office Phone: 262-5542

Website - [www.olph.cc](http://www.olph.cc)

Access to We Share

Email - [olph@alaska.net](mailto:olph@alaska.net)

## PASTORS:

**Fr. Roger Bergkamp, OMI**  
(Lead pastor)

262-4749, Option 3

[rgrbergkamp@gmail.com](mailto:rgrbergkamp@gmail.com)

**Fr. Tom Rush, OMI**

262-4749, Option 3

**Fr. Ron Meyer, OMI**

262-4749, Option 3

## PARISH LIFE COORDINATOR:

**Marlys Verba**

262-5542 / 262-4749 option 4

Cell Phone: 252-5954

[marlys.verba@gmail.com](mailto:marlys.verba@gmail.com)

## SEXUAL ABUSE VICTIM ASSISTANCE COORDINATOR:

**Marlys Verba:** contact info above

## PRAYER CHAIN:

[tairtrvl@gmail.com](mailto:tairtrvl@gmail.com)

For verbal prayer requests, please call the parish office.

## Parish Mission Statement

We, the faith community, accept the call of God to participate in the mission of Jesus Christ by Proclaiming the Gospel and living the reign of God among us as disciples.



FOURTH SUNDAY IN ORDINARY TIME

February 3<sup>rd</sup>, 2019

## SACRAMENTS

### SACRAMENT OF RECONCILIATION:

- Thursday: 12:45 pm and Saturday 4:15 – 4:45 pm

### SACRAMENT OF BAPTISM:

- Infants / children – Parents Preparation class is required. Contact the parish office to register.
- Children 8 and older - Contact the office to register for RCIA
- Adults – Contact the office to register for RCIA

### SACRAMENT OF MARRIAGE:

- Please contact the parish office for preparation of marriage, allowing at least 6 months.























### ANOINTING OF THE SICK OR COMMUNION:

- Anointing of the sick will be **March 2<sup>nd</sup>/3<sup>rd</sup>, 2019** during mass
- *NOTE: Because of privacy laws, parishioners need to notify us if going to the hospital. Remember to request Anointing of the Sick before surgery – please call the parish: 262-4749*
- *Homebound individuals wishing to receive the Eucharist need to contact the parish office.*

**FUNERALS:** Contact parish office immediately after the death.



Please Note: Submissions/articles for the weekly bulletin must be submitted via email by Wednesday at noon to Marlys [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com).

Monday, 2/4/2019	
<b>Readings:</b>  HEB 11:32-40  PS 31:20,21,22,23,24  MK 5:1-20	<b>Events:</b> <ul style="list-style-type: none"> <li>Centering Prayer: 8:15am at Church at Community Room</li> <li>Choir Practice at 3pm</li> </ul>
Tuesday, 2/5/2019	
<b>Readings:</b>  HEB 12:1-4  PS 22:26B-27,28and30,31-32  MK 5:21-43	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Centering Prayer at 7pm</li> <li>No Daily Mass. Word/Communion Service</li> </ul>
Wednesday, 2/6/2019	
<b>Readings:</b>  HEB 12:4-7,11-15  PS 103:1-2,13-14,17-18A  MK 6:7-13	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>No Daily Mass. Word/Communion Service</li> <li>No Faith Formation</li> <li>Confirmation Class 6-8pm</li> </ul>
Thursday, 2/7/2019	
<b>Readings:</b>  HEB 12:18-19,21-24  PS 48:2-3AB,3CD-4,9,10-11  MK 4:21-25	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Quilting Ministry begins meeting at Fireweed 10-3pm</li> <li>No Daily Mass. Word/Communion Service</li> <li>No Adoration</li> <li>Theology of the Body class in Fireweed Hall at 6-7:30pm</li> </ul>
Friday, 2/8/2019	
<b>Readings:</b>  HEB 13:1-8  PS 27:1,3,5,8B-9ABC  MK 6:14-29	<b>Events:</b> <ul style="list-style-type: none"> <li>Men's Group 6:30am-8am</li> <li>No Adoration</li> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> </ul>
Saturday, 2/9/2019	
<b>Readings:</b>  HEB-13:15-17,20-21  PS 23:1-3A,3B-4,5,6  MK 6:30-34	<b>Events:</b> <ul style="list-style-type: none"> <li>Reconciliation 4:15-4:45pm</li> <li>Mass at 5pm</li> <li>The Mass DVD series Class #5. Community room at 4pm</li> <li>Parents Night out 6-9pm O'Neill Hall</li> </ul>
Sunday, 2/10/2019	
<b>Readings:</b>  IS 6:1-2A,3-8  PS 138:1-2,2-3,4-5,7-8  1COR 15:1-11  LK 5:1-11	<b>Events:</b> <ul style="list-style-type: none"> <li>Mass at 10am</li> <li>The Mass DVD series Class #5. Community room after Mass</li> </ul>

February 4 <sup>th</sup> – February 10 <sup>th</sup> 2019	
<b>Mops and Bucket Crew</b>	B. Vadla Family
<b>Collection Counters</b>	Linda M. Elaine W. February 10 <sup>th</sup>
<b>Children's Liturgy of the Word</b>	Gloria S.

### Saturday 5:00pm February 9<sup>th</sup> 2019

#### Lectors:

Barb Dilley  
Carlos Valenzuela

#### Eucharistic Ministers:

Kathy Bongiovanni  
Carm Bongiovanni  
Linda Hutchings  
Rick Dukowitz  
Holly West

#### Servers:

Erika Arthur  
Cora O'Connor

### Sunday 10:00am February 10<sup>th</sup> 2019

#### Lectors:

Josselyn O'Connor  
Alex Zerbinos

#### Eucharistic Ministers:

Meg Zerbinos  
Sharon Shassetz  
Thelma Antila  
Gloria Sweeney  
Helen Knopp

#### Servers:

Katherine Gross  
Emerson Kapp

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## THE MONTH AHEAD/ LITURGICAL SERVICES

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**January 27<sup>th</sup> – February 17<sup>th</sup>** – Food Bank Food Drive  
**February 2<sup>nd</sup> – 3<sup>rd</sup>, 9<sup>th</sup> – 10<sup>th</sup>, 11<sup>th</sup> -12<sup>th</sup>** – Bishop Baron DVD Series on Eucharist. On Saturdays – 4pm, on Sundays – 11:15am

**February 4<sup>th</sup> – 7<sup>th</sup>** – No daily Mass and no Adoration this week. OMI's gone for meetings

**February 5<sup>th</sup>** – Choir practice at 3pm in church

**February 6<sup>th</sup>** – No Faith Formation classes.

Confirmation will meet 6-8pm

**February 7<sup>th</sup>** – Theology of the Body class begins. 6-7:30pm in Fireweed Hall

**February 7<sup>th</sup> – 10<sup>th</sup>** – KAIROS retreat at Wildwood

**February 9<sup>th</sup>** – Parents night out 6-9pm in O'Neill Hall. Reservations required

**February 12<sup>th</sup>** – No daily Mass. Peninsula Parish Meeting

**February 16<sup>th</sup>** – Filipino Potluck after Mass

**February 17<sup>th</sup>** – Follow up Oktoberfest brainstorming in Fireweed after Mass

**February 19<sup>th</sup> – 20<sup>th</sup>** – No Daily Mass

**March 6<sup>th</sup>** – Ash Wednesday

**March 8<sup>th</sup>** – Soup Supper at 5:30pm  
Stations of the Cross at 6:30pm



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## FOOD BANK DRIVE

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In these uncertain times for many of the people in our community, and an increase in Food Bank visits, the supplies are diminishing. We would like to host a food drive for the Food Bank, from **January 27<sup>th</sup> to February 17<sup>th</sup>**, to replenish some of their resources. In specific, any pastas, peanut butter, canned fruits/vegetables, spaghetti sauce, or soups.

Thank you in advance for your charity, help with this important help to our community.

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## KAIROS UPDATE

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Thank you to all you wonderful bakers! For those bringing in their cookies, please do so by Sunday, **February 3<sup>rd</sup>**.

Bring to the church foyer by the sink or put in freezer in Fireweed on the designated shelves. Sunday, **February 10<sup>th</sup>** is the closing ceremony. Please be at building 10 by 1:30pm for entrance for the ceremony. Leave your cellphone in the car, bring only your car keys and ID into the building.

KAIROS retreat **February 7<sup>th</sup> – 10<sup>th</sup>**.

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## LITURGY TRAINING PUBLICATION COMPANY

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We have an opportunity for some online virtual classroom presentations by the Liturgy Training Publication company.

Specifically, those involved in some of our liturgical ministries; Eucharistic Ministers and lectors. The sessions are 1 1/2 hour long and will be hosted in O'Neill Hall.

The time is 3:30pm-5pm. If you are interested in any of the topics, please come. Any Questions find Marlys.

The topics/dates are as follows:

**February 5<sup>th</sup>**: The Eucharistic Prayers as an Expression of Faith

**February 19<sup>th</sup>**: Eucharistic Spirituality: Living as Christ for One Another

**March 12<sup>th</sup>**: Techniques for Effective Proclaiming: Public Speaking Skills to Bring God's Word to Life

**March 26<sup>th</sup>**: The Word of the Lord at Mass: Understanding the Lectionary

**April 9<sup>th</sup>**: Liturgical Genres in the Lectionary: Proclaiming the Different Forms of Scripture:

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## MEMORIAL

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A long-time parishioner Roland Cusson has passed away this week.

He was a very faithful helper with the collection each Sunday. A few months ago, they moved to Arkansas to be near family.

Please remember them in your prayers during this time.

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## STEWARDSHIP THOUGHT FOR THE WEEK OF FEBRUARY 3<sup>RD</sup>

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How do I know if the Time, Talent and Treasure I offer God in grateful return is "enough?"  
What is the measure?

St. Paul tells us in the Second Reading today — the "measure" is the love that we put into each of these aspects of our lives. "If I have all faith so as to move mountains, but do not have love, I am nothing. If I give away everything I own and hand my body over so that I may boast but do not have love, I gain nothing." God is not after a particular number. What He wants us to give over to Him is our very selves.

Real love is not a sentiment. Real love is manifested in living a virtuous life. We read later in St. Paul's letter that real love takes strength: it is patient, kind, humble, other-centered, truth-seeking and long-suffering. Love is the heroic giving of oneself even when it is uncomfortable; especially then. Love looks like Jesus. It lives like Jesus.

Sometimes, living like Jesus is difficult. We see this in the Gospel Reading today where we find Jesus in action, preaching in the synagogue in His hometown. He speaks truth to the people He loves, the ones He grew up with and shared His early days with. How do they respond? They are filled with fury and run Him out of town, intent on throwing Him from a cliff! Yet Jesus is undeterred. He passes right through them and presses forward with the mission His Father has entrusted to Him. We are called to live with this same strength and determination, fueled by the power of love and by gratitude for all God has given us.

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### FATHER CHARLES GORMAN

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Father Charles Gorman was a visiting priest here at our parish for several summers. He is celebrating his 90th birthday on **February 16<sup>th</sup>**. If you would like to, please send him a card at Father Charles Gorman,  
2351 Solomon Avenue # 157  
Billings, Montana 59102

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## MINISTRY ASSISTANCE NEEDED

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Two important hospitality ministries that are ongoing in need of more volunteers. The Hospitality Baking Ministry meets once a month, first Saturday at 10am to bake goodies used for our hospitality time on Sunday. Presently, two individuals are spending 4 hours doing the baking. A couple of more volunteers would expedite the time for everyone. Do you love to bake? Come try this out. They will meet again on **March 2<sup>nd</sup>** at 10am in Fireweed.

In addition, Hospitality every Sunday in need of a few people to relieve, so everyone could do it once a month.

Help is needed who would start the coffee in the morning, get goodies set up and clean up after hospitality.

Sign-up sheets if you are interested are on the bulletin board for both of this ministry openings.

Lent is upcoming soon. **March 6<sup>th</sup>** is Ash Wednesday.

We will begin Lenten Soup Suppers on **March 8<sup>th</sup>** for the following six weeks, meeting from 5:30-6:30pm in Fireweed for a meatless soup supper, following by a Lenten presentation Stations of the Cross.

On the Stewardship Bulletin board in the foyer, please find a sign-up sheet for anyone wanting to organize these soup suppers each week.

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## PARENTS NIGHT OUT

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Just in time for a Valentine's night out OLPH will be hosting a Parents Night Out for you to enjoy dinner/movie or just some quiet time together on Saturday, **February 9<sup>th</sup>** from 6-9pm at O'Neill hall.

Dinner will be provided, plus games, movie and other fun activities.

Donations would be kindly accepted.

It is important to know the number and ages of children coming so that we may prepare for supervision and food needs.

There is a sign-up chart on the bulletin board for that purpose.

If you have any questions, please see Katherine Quelland.