



# Our Lady of Perpetual Help

✠ 222 west redoubt avenue ✠ soldotna, ak 99669 ✠

Catholic Community Served by the Missionary Oblates of Mary Immaculate

## MASS SCHEDULE:

### SUNDAY LITURGY

Saturday 5:00 pm

Sunday 10:00 am

### WEEKDAY MASS:

Tues - Fri 12:05 pm

### ADORATION OF THE BLESSED SACRAMENT

12:30 pm Thursday to 12 noon  
on Friday

## CONTACT US: PARISH OFFICE

### Office Hours:

Closed on Monday

Tuesday/Thursday 8:30 am to  
3:00 pm

Wednesday 8:30am to 7:30pm

### Parish Office Phone: 262-5542

Website - [www.olph.cc](http://www.olph.cc)

Access to We Share

Email - [olph@alaska.net](mailto:olph@alaska.net)

### PASTORS:

#### Fr. Roger Bergkamp, OMI (Lead pastor)

262-4749, Option 3

[rgrbergkamp@gmail.com](mailto:rgrbergkamp@gmail.com)

#### Fr. Tom Rush, OMI

262-4749, Option 3

### PARISH LIFE COORDINATOR:

#### Marlys Verba

262-5542 / 262-4749 option 4

Cell Phone: 252-5954

[marlys.verba@gmail.com](mailto:marlys.verba@gmail.com)

### SEXUAL ABUSE VICTIM ASSISTANCE COORDINATOR:

Marlys Verba: contact info above

### PRAYER CHAIN:

[tairtrvl@gmail.com](mailto:tairtrvl@gmail.com)

For verbal prayer requests, please  
call the parish office.

## Parish Mission Statement

We, the faith community, accept the call of God to participate in the mission of Jesus Christ by Proclaiming the Gospel and living the reign of God among us as disciples.



FIFTH SUNDAY IN ORDINARY TIME

February 5<sup>th</sup>, 2017

## SACRAMENTS

### SACRAMENT OF RECONCILIATION:

- Thursday: 12:45 pm and Saturday 4:15 – 4:45 pm

### SACRAMENT OF BAPTISM:

- Infants / children – Parents Preparation class is required. Contact the parish office to register.
- Children 8 and older - Contact the office to register for RCIA
- Adults – Contact the office to register for RCIA

### SACRAMENT OF MARRIAGE:

- Please contact the parish office for preparation of marriage, allowing at least 6 months.

### ANOINTING OF THE SICK OR COMMUNION:























- Anointing of the sick will be **March 4<sup>th</sup>/5<sup>th</sup>, 2017** during mass
- *NOTE: Because of privacy laws, parishioners need to notify us if going to the hospital. Remember to request Anointing of the Sick before surgery – please call the parish: 262-4749*
- *Homebound individuals wishing to receive the Eucharist need to contact the parish office.*

FUNERALS: Contact parish office immediately after the death.



Please Note: Submissions/articles for the weekly bulletin must be submitted via email by Wednesday at noon to Marlys [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com).

Calendar for February 6<sup>th</sup> - 12<sup>th</sup> 2017

| Monday, 2/6/2017   |   |
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| <b>Readings:</b><br> GN 1:1-19<br> PS 104:1-2A,5-6,10and 12,24and35C<br> MK 6:53-56  | <b>Events:</b> <ul style="list-style-type: none"> <li>Centering Prayer: 8:15am at Church</li> </ul>   |
| Tuesday, 2/7/2017  |   |
| <b>Readings:</b><br> GN 1:20 - 2:4A<br> PS 8:4-5,6-7,8-9<br> MK 7:1-13   | <b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Centering Prayer at 7pm community room in church</li> </ul>     |
| Wednesday, 2/8/2017  |   |
| <b>Readings:</b><br> GN 2:4B-9,15-17<br> PS 104:1-2A,27-28, 29BC-30<br> MK 7:14-23   | <b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>No Faith Formation Class this evening</li> </ul>                |
| Thursday, 2/9/2017   |   |
| <b>Readings:</b><br> GN 2:18-25<br> PS 128:1-2,3,4-5<br> MK 7:24-30  | <b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm followed by reconciliation and Adoration</li> </ul>                      |
| Friday, 2/10/2017  |   |
| <b>Readings:</b><br> GN 3:1-8<br> PS 32:1-2,5,6,7<br> MK 7:31-37  | <b>Events:</b> <ul style="list-style-type: none"> <li>Men's Group 6:30am-8am</li> <li>Morning Prayer 7:30am</li> <li>Adoration until noon</li> <li>Daily Mass: 12:05pm</li> </ul> |
| Saturday, 2/11/2017  |   |
| <b>Readings:</b><br> GN 3:9-24<br> PS 90:2,3-4ABC,5-6,12-13<br> MK 8:1-10  | <b>Events:</b> <ul style="list-style-type: none"> <li>Reconciliation 4:15-4:45pm</li> <li>Mass at 5pm</li> </ul>  |
| Sunday, 2/12/2017  |   |
| <b>Readings:</b><br> SIR 15:15-20<br> PS 119:1-2,4-5,17-18, 33-34<br> 1COR 2:6-10<br> MT 5:17-37 | <b>Events:</b> <ul style="list-style-type: none"> <li>Mass at 10am</li> <li>Adult ED class: Conversion begins at 11:15am in Community room</li> </ul>                             |

| February 6 <sup>th</sup> – February 12 <sup>th</sup> 2017 |  |
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| <b>Mops and Bucket Crew</b>                               |  |
| <b>Collection Counters</b>                                | Cindy K.<br>Karl K.<br>February 12 <sup>th</sup> |
| <b>Children's Liturgy of the Word</b>                     | Ruthann T.                                       |

**Saturday 5:00pm**  
February 11<sup>th</sup> 2017

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**Lectors:**  
Dave Nelson  
Gladys Bailon

**Eucharistic Ministers:**  
Rick Dukowitz  
Susan Dukowitz  
MaryLou Nushart  
Holly West  
Donna Cotman

**Servers:**  
Erika Arthur  
Andrew Arthur

**Sunday 10:00 am**  
February 12<sup>th</sup> 2017

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**Lectors:**  
Melissa Thomson  
Carlos Valenzuela

**Eucharistic Ministers:**  
Myrna Cowan  
Ron O'Lena  
Sharon Shassetz  
Thelma Antila  
Meg Zerbino  
Alyson Stogsdill  
Jim Stogsdill

**Servers:**  
Isabella Valenzuela  
Caleigh Glassmaker

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## THE MONTH AHEAD

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**February 5<sup>th</sup>** - Adult Ed. Series: Conversion with Bishop Barron, Community Room after mass

**February 14<sup>th</sup>** - Ladies Time Out

Luncheon at 12:30pm at Don Jose's in Soldotna

**February 26<sup>th</sup>** - Place at the table 4-6pm

**March 8<sup>th</sup>** - Archbishop Etienne's visit to the parish

**March 12<sup>th</sup>** - Kitchen Shower for Freedom House 2-4pm

**March 24<sup>th</sup> - 26<sup>th</sup>** - Women's Retreat at Girdwood: "Care of the Soul"



The  
Month  
Ahead

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## UPCOMING LITURGICAL SERVICES

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**February 4<sup>th</sup> - 5<sup>th</sup> and 25<sup>th</sup> - 26<sup>th</sup>** - Word and Communion Service

**February 8<sup>th</sup>** - No daily Mass. Word/Communion Service

**February 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup>** - OMI's at meetings. No daily masses, Word/Communion Services on these days. Adoration will take place.

**March 1<sup>st</sup>** - Ash Wednesday. Lent begins. Mass at noon and 7pm

**March 2<sup>nd</sup> - 3<sup>rd</sup>** - 24hrs of Prayer: Midnight March 2nd to midnight March 3rd various locations

**March 3<sup>rd</sup>** - Soup Supper in Fireweed 5:30-6:30pm. Stations of the Cross at 6:30pm

**March 8<sup>th</sup>** - Archbishop Etienne's visit: No noon Mass. Mass at 6pm, followed by a potluck reception.

**April 9<sup>th</sup>** - Palm Sunday

**April 13<sup>th</sup>** - Chrism Mass at Our Lady of Guadalupe at 7pm

**April 16<sup>th</sup>** - Easter Sunday

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## LADIES TIME OUT

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OLPH Ladies time out: OLPH ladies are invited to an ongoing second Tuesday of the month No Host, Dutch Treat luncheon at Don Jose's at 12:30pm.

It's another casual opportunity to get to know each other as member's of OLPH. Contact person is Barb at 262-2486. The first luncheon is scheduled for **February 14<sup>th</sup>**. Everyone is welcome.

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## RETROUVAILLE

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Retrouvaille (retrovii) is a training program for couples that are unable to find the companionship, joy, and happiness that seemed so promising early in their marriage. The program teaches couples new and unique techniques that assist them in communicating effectively, along with positive relationship building techniques that allow couples to recover the relationship they lost along the way. Although the program was developed for troubled and broken marriages, most couples can benefit from attending this program. It can be life changing! For information or to register for the program beginning **February 10, 11 & 12**, 2017 phone 907-863-8000 or log on to [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com)



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## ARCHBISHOP VISIT

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Archbishop Etienne will be at our parish on Wednesday, **March 8<sup>th</sup>**, 2017.

He will be presiding at a 6pm evening Mass, followed by a reception in Fireweed in which everyone will have an opportunity to greet him. There will be a liturgy signup sheet posted on the bulletin board if you would like to help with the Mass.

There will not be Mass at noon that day.

For the reception, an online site, [perfectpotluck.com](http://perfectpotluck.com) has been established for you to sign up to bring foods. The coordinator's name: *Fellman*; password: *olph*. After access, follow the instructions to choose what you would like to bring.

Please do so by **March 1<sup>st</sup>** so we may proceed with further planning.

Thank you in advance for your help with this event.

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## SISTER JOAN BARINA

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Sister Joan Barina passed away on Thursday, January 26th in Albany New York. She served as a Pastoral Associate with Sr. Joyce, who was the Pastoral administrator for many years at Our Lady of the Angels. A memorial Mass of Remembrance will be held at Our Lady of the Angels on Tuesday, **February 7<sup>th</sup>** at 6pm.

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## STEWARDSHIP THOUGHT FOR THE WEEK OF FEBRUARY 5<sup>TH</sup>

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Stewardship is putting our faith in action through the use of the gifts given to us by God. It is becoming a true disciple of Jesus Christ. The Lord did not want us to be passive in our approach to living. He wants more from us than just being quietly holy.

Remember that stewardship is a call from God to recognize that all of our blessings and talents have been given to us for a purpose. As baptized Catholics it is our obligation to share these gifts willingly in order to serve the Church and our parish community. As we have pointed out many times, stewardship is much more than financial support. It is, as stated, putting our faith in action with the key word there as "action." In that way we can become, also as stated, a true disciple of the Lord.

In today's Gospel reading from the Book of Matthew Jesus calls us salt and then light. He tells us, for example, that we are the light of the world, reflecting His light. Specifically He says to those who choose to be His disciple, "Nor do they light a lamp and then put it under a bushel basket; it is set on a lamp stand."

St. Teresa of Calcutta once said, "To keep a lamp burning you have to keep putting oil in it." If we see ourselves as lamps as Jesus told us we should be, we need to keep the oil in it and that requires action on our part.

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## ALASKA CATHOLIC YOUTH CONFERENCE

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The Alaska Catholic Youth Conference returns to Anchorage on **June 5<sup>th</sup> - 8<sup>th</sup>**, 2017. This year's theme: He has done great Things, comes from the Gospel of Luke and mirrors the theme for the annual World Youth Day chosen by Pope Frances.

Find the Alaska Catholic Youth Conference on Facebook, acycconference on Instagram, and ACYC on Twitter to get all the latest updates as they become available.

Online registration will begin later this spring at [www.archdioceseofanchorage.org](http://www.archdioceseofanchorage.org).

Students targeted for the conference are 9-12th grade.

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## ABC PREGNANCY CARE CENTER

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The donation bottles for the Baby Bottle Campaign may be picked up in the foyer.

Please return them back to the basket in the foyer, filled with your donation, by **March 1<sup>st</sup>** or the ABC Pregnancy Center at their new location on Frontage Drive in Kenai.

Thank you for your generosity and support of this important ministry.



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## MARTHA AND MARY WOMEN'S RETREAT

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**March 24<sup>th</sup> - 26<sup>th</sup>**: Mark your calendars and come to the annual Martha and Mary Women's Retreat! This year's theme is "Care for Your Soul" and will be a perfect Lenten retreat get-a-way. You will be nourished in prayer, refreshed in spirit and filled with peace as you care for your soul! This retreat will be directed by Maggie McCarty, PhD and held at Our Lady of Snows in Girdwood, Alaska. The retreat cost \$75.00.

There are registration forms and information on the bulletin board in the foyer.

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## FRED MEYER COMMUNITY REWARDS

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We have received a check for \$280.90 from Fred Meyer for participating in the community rewards. If you have not reapplied for inclusion in the program, please redo your registration. The website

is [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards).

Our number is **87764**. This does not in any way affect your rewards return.

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## LEARN TO KNIT

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Want to learn to Knit? Ludy has volunteered to come the last Thursday of the Month, to the quilting ministry gathering, to help those who would like to learn to knit. If you are interested: please contact Ludy at 953-7490.