



# Our Lady of Perpetual Help

✠ 222 west redoubt avenue ✠ soldotna, ak 99669 ✠

Catholic Community Served by the Missionary Oblates of Mary Immaculate

## MASS SCHEDULE:

### SUNDAY LITURGY

Saturday 5:00 pm

Sunday 10:00 am

### WEEKDAY MASS:

Tues - Fri 12:05 pm

### ADORATION OF THE BLESSED SACRAMENT

12:30 pm Thursday to 12 noon  
on Friday

## CONTACT US: PARISH OFFICE

### Office Hours:

Closed on Monday

Tuesday/Thursday 8:30 am to  
3:00 pm

Wednesday 8:30am to 7:30pm

### Parish Office Phone: 262-5542

Website - [www.olph.cc](http://www.olph.cc)

Access to We Share

Email - [olph@alaska.net](mailto:olph@alaska.net)

### PASTORS:

#### Fr. Roger Bergkamp, OMI (Lead pastor)

262-4749, Option 3

[rgrbergkamp@gmail.com](mailto:rgrbergkamp@gmail.com)

#### Fr. Tom Rush, OMI

262-4749, Option 3

### PARISH LIFE COORDINATOR:

#### Marlys Verba

262-5542 / 262-4749 option 4

Cell Phone: 252-5954

[marlys.verba@gmail.com](mailto:marlys.verba@gmail.com)

### SEXUAL ABUSE VICTIM ASSISTANCE COORDINATOR:

Marlys Verba: contact info above

### PRAYER CHAIN:

[tairtrvl@gmail.com](mailto:tairtrvl@gmail.com)

For verbal prayer requests, please  
call the parish office.

## Parish Mission Statement

We, the faith community, accept the call of God to participate in the mission of Jesus Christ by Proclaiming the Gospel and living the reign of God among us as disciples.



FOURTH SUNDAY IN ORDINARY TIME

January 29<sup>th</sup>, 2017

## SACRAMENTS

### SACRAMENT OF RECONCILIATION:

- Thursday: 12:45 pm and Saturday 4:15 – 4:45 pm

### SACRAMENT OF BAPTISM:

- Infants / children – Parents Preparation class is required. Contact the parish office to register.
- Children 8 and older - Contact the office to register for RCIA
- Adults – Contact the office to register for RCIA

### SACRAMENT OF MARRIAGE:

- Please contact the parish office for preparation of marriage, allowing at least 6 months.

### ANOINTING OF THE SICK OR COMMUNION:
























- Anointing of the sick will be **March 4<sup>th</sup>/5<sup>th</sup>, 2017** during mass
- *NOTE: Because of privacy laws, parishioners need to notify us if going to the hospital. Remember to request Anointing of the Sick before surgery – please call the parish: 262-4749*
- *Homebound individuals wishing to receive the Eucharist need to contact the parish office.*

FUNERALS: Contact parish office immediately after the death.



Please Note: Submissions/articles for the weekly bulletin must be submitted via email by Wednesday at noon to Marlys [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com).

Calendar for January 30<sup>th</sup> - February 5<sup>th</sup> 2017

| Monday, 1/30/2017  |  |
|--|--|
| <b>Readings:</b><br> HEB 11:32-40<br> PS 31:20,21,22,23,24<br> MK 5:1-20   | <b>Events:</b> <ul style="list-style-type: none"> <li>Centering Prayer: 8:15am at Church</li> </ul>  |
| Tuesday, 1/31/2017   |  |
| <b>Readings:</b><br> HEB 12:1-4<br> PS 22:26B-27,28and30,31-32<br> MK 5:21-43  | <b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Centering Prayer at 7pm community room in church</li> </ul>                          |
| Wednesday, 2/1/2017  |  |
| <b>Readings:</b><br> HEB 12:4-7,11-15<br> PS 103:1-2,13-14,17-18A<br> MK 6:1-6   | <b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Faith Formation Dinner at 5:30pm</li> <li>Faith Formation Class at 6:30pm</li> </ul> |
| Thursday, 2/2/2017   |  |
| <b>Readings:</b><br> MAL 3:1-4<br> PS 24:7,8,9,10<br> HEB 2:14-18<br> LK 2:22-40             | <b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm followed by reconciliation and Adoration</li> </ul>   |
| Friday, 2/3/2017   |  |
| <b>Readings:</b><br> HEB 13:1-8<br> PS 27:1,3,5,8B-9ABC<br> MK 6:14-29   | <b>Events:</b> <ul style="list-style-type: none"> <li>Men's Group 6:30am-8am</li> <li>Morning Prayer 7:30am</li> <li>Adoration until noon</li> <li>Daily Mass: 12:05pm</li> </ul>                      |
| Saturday, 2/4/2017   |  |
| <b>Readings:</b><br> HEB 13:15-17,20-21<br> PS 23:1-3A,3B-4,5,6<br> MK 5:30-34   | <b>Events:</b> <ul style="list-style-type: none"> <li>Word/Communion Service</li> </ul>  |
| Sunday, 2/5/2017   |  |
| <b>Readings:</b><br> IS 58:7-10<br> PS 112:4-5,6-7,8-9<br> 1COR 2:1-5<br> MT 5:13-15 | <b>Events:</b> <ul style="list-style-type: none"> <li>Word/Communion Service</li> <li>Adult ED class: Conversion begins at 11:15am in Community room</li> </ul>  |

| January 30 <sup>th</sup> – February 5 <sup>th</sup> 2017 |  |
|--|--|
| Mops and Bucket Crew                                     |  |
| Collection Counters                                      | Pat C.<br>Myrna C.<br>February 5 <sup>th</sup> |
| Children's Liturgy of the Word                           | Anne B.  |

**Saturday 5:00pm**  
February 4<sup>th</sup> 2017

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**Lectors:**  
Linda Houglum  
Barb Dilley

**Eucharistic Ministers:**  
Sean McGuire

**Servers:**  
NO SERVERS NEEDED

**Sunday 10:00 am**  
February 5<sup>th</sup> 2017

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**Lectors:**  
Karl Kircher  
Becky Applebee

**Eucharistic Ministers:**  
Joe Bazan

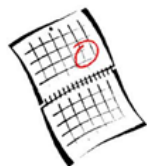
**Servers:**  
NO SERVERS NEEDED

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## THE MONTH AHEAD

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**February 5<sup>th</sup>** - Adult Ed. Series: Conversion with Bishop Barron, Community Room after mass  
**February 26<sup>th</sup>** - Place at the table 4-6pm  
**March 8<sup>th</sup>** - Archbishop Etienne's visit to the parish  
**March 12<sup>th</sup>** - Kitchen Shower for Freedom House 2-4pm  
**March 24<sup>th</sup> - 26<sup>th</sup>** - Women's Retreat at Girdwood: "Care of the Soul"



The  
Month  
Ahead

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## UPCOMING LITURGICAL SERVICES

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**February 4<sup>th</sup> - 5<sup>th</sup> and 25<sup>th</sup> - 26<sup>th</sup>** - Word and Communion Service  
**February 8<sup>th</sup>** - No daily Mass. Word/ Communion Service  
**February 14<sup>th</sup>, 15<sup>th</sup>, 16<sup>th</sup>** - OMI's at meetings. No daily masses, Word/Communion Services on these days. Adoration will take place.  
**March 1<sup>st</sup>** - Ash Wednesday. Lent begins. Mass at noon and 7pm  
**March 2<sup>nd</sup> - 3<sup>rd</sup>** - 24hrs of Prayer: Midnight March 2nd to midnight March 3rd various locations  
**March 3<sup>rd</sup>** - Soup Supper in Fireweed 5:30-6:30pm. Stations of the Cross at 6:30pm  
**March 8<sup>th</sup>** - Archbishop Etienne's visit: No noon Mass. Mass at 6pm, followed by a potluck reception.  
**April 9<sup>th</sup>** - Palm Sunday  
**April 13<sup>th</sup>** - Chrism Mass at Our Lady of Guadalupe at 7pm  
**April 16<sup>th</sup>** - Easter Sunday

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## ARCHBISHOP VISIT

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In an effort to visit the various parishes of the Archdiocese, Archbishop Etienne will be at our parish on Wednesday, **March 8<sup>th</sup>** 2017. He will be presiding at a 6:00pm evening Mass, followed by a reception in Fireweed, in which everyone will have an opportunity to meet him. There will not be daily mass at noon that day.

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## RETRouvaille

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RETRouvaille, a French word pronounced "retro-vii", meaning rediscovery, is a program that provides help for troubled or broken marriages. Valentines' Day is just 3 weeks away! If your marriage relationship has become distant or painful, give a lasting gift to your spouse and yourself; a weekend away together to begin re-connecting and re-kindling the love, companionship and joy of your earlier years together. For information, or to register for the program beginning with a weekend on **February 10, 11 & 12, 2017**, call 1-907-863-8000, or log onto <http://www.HelpOurMarriage.com>.



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## YEARLY REPORT

**JULY 1<sup>ST</sup> 2016 TO DECEMBER 31<sup>ST</sup> 2016**

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### REVENUE:

|                        |              |
|------------------------|--------------|
| Weekly Collections:    | \$129,358.11 |
| Other donations/gifts: | \$987.90     |
| Interest income:       | \$21.61      |
| Bldg Fund income:      | \$40,551.55  |
| Rental income:         | \$2,774.00   |
| Total Revenue:         | \$173,693.17 |

### EXPENSES:

|  |              |
|--|--------------|
| Personal (salaries, stipends, benefits): | \$47,344.92  |
| Supply expenses:                         | \$13,794.45  |
| Facility/Plant expense:                  | \$38,750.52  |
| Archdiocesan assessment paid:            | \$17,677.26  |
| All other expenses:                      | \$26,249.76  |
| Principal on hall loan:                  | \$56,093.85  |
| Interest expense on loan:                | \$13,828.65  |
| Total Operating Expense:                 | \$213,739.41 |

*Net Cash Flow:* \$40,046.24

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## **STEWARDSHIP THOUGHT FOR THE WEEK OF JANUARY 29<sup>TH</sup>**

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The Gospel Reading for today is what is popularly called the Sermon on the Mount. Many think it is the absolute epitome of Jesus' teachings. To be sure it tells us how we are to live our lives, the attitudes we are to have. We must remember that those who were waiting and hoping for the Messiah expected a military leader, one who would lead them in battle against their oppressors.

In His Sermon on the Mount Jesus gives a more accurate perspective of Who He is. He begins what we call the Beatitudes (the word means "blessings") with "Blessed are the poor in spirit, for theirs is the kingdom of heaven." In a sense we are all "poor in spirit." Without the guidance and strength provided us by the Lord there is no way we can escape this poverty of spirit, of spirituality, if you will.

That is why we often say that living God-centered lives is at the very core of stewardship. Being a disciple of Christ translates into being a steward of our many gifts and blessings. Some scholars believe that Jesus may have given this sermon often during His ministry. Those who followed Jesus and became the earliest Christians, the first members of the Church, were fond of quoting and referring to what the Lord said on this occasion. As stated Jesus provides us with the secret of living a good life. If we rely on Him and follow Him, we will be blessed.

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## **ALASKA CATHOLIC YOUTH CONFERENCE**

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The Alaska Catholic Youth Conference returns to Anchorage on **June 5<sup>th</sup> - 8<sup>th</sup>**, 2017. This year's theme: He has done great Things, comes from the Gospel of Luke and mirrors the theme for the annual World Youth Day chosen by Pope Frances. Find the Alaska Catholic Youth Conference on Facebook, acycconference on Instagram, and ACYC on Twitter to get all the latest updates as they become available. Online registration will begin later this spring at [www.archdioceseofanchorage.org](http://www.archdioceseofanchorage.org). Students targeted for the conference are 9-12th grade.

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## **ACTS CHILI COOK OFF**

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Has been cancelled.

Please consider entering your chili in the Freedom House cook-off on Friday, **February 10<sup>th</sup>** 6:30-8:30pm at the Sports Center.

If you are interested in entering the cook-off, please contact Jennifer at 740-8018.

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## **ABC PREGNANCY CARE CENTER**

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The donation bottles for the Baby Bottle Campaign may be picked up in the foyer.

Please return them back to the foyer, filled with change, cash or directly to the ABC Care Center at their new location on Frontage Drive in Kenai.



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## **MARTHA AND MARY WOMEN'S RETREAT**

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**March 24<sup>th</sup> - 26<sup>th</sup>**: Mark your calendars and come to the annual Martha and Mary Women's Retreat! This year's theme is "Care for Your Soul" will be a perfect Lenten retreat get-a-way. You will be nourished in prayer, refreshed in spirit and filled with peace as you care for your soul! This retreat will be directed by Maggie McCarty, PhD and held at Our Lady of Snows in Girdwood, Alaska. The retreat cost \$75.00.

There are registration forms and information on the bulletin board in the foyer.

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## **FRED MEYER COMMUNITY REWARDS**

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We have received a check for \$280.90 from Fred Meyer for participating in the community rewards. If you have not reapplied for inclusion in the program, please redo your registration. the website

is [www.fredmeyer.com/communityrewards](http://www.fredmeyer.com/communityrewards).

Our number is **87764**. This does not in any way affect your rewards return.