



# Our Lady of Perpetual Help

✠ 222 west redoubt avenue ✠ soldotna, ak 99669 ✠

Catholic Community Served by the Missionary Oblates of Mary Immaculate

## MASS SCHEDULE:

### SUNDAY LITURGY

Saturday 5:00 pm

Sunday 9:00 am

### WEEKDAY MASS:

Tues - Fri 12:05 pm

### ADORATION OF THE BLESSED SACRAMENT

12:30 pm Thursday to 12 noon  
on Friday

## CONTACT US: PARISH OFFICE

### Office Hours:

Closed on Monday  
Tuesday/Thursday 8:30 am to  
3:00 pm  
Wednesday 8:30am to 7:30pm

### Parish Office Phone: 262-5542

Website - [www.olph.cc](http://www.olph.cc)  
Access to We Share  
Email - [olph@alaska.net](mailto:olph@alaska.net)

### PASTORS:

#### Fr. Roger Bergkamp, OMI (Lead pastor)

262-4749, Option 3  
[rgrbergkamp@gmail.com](mailto:rgrbergkamp@gmail.com)

#### Fr. Tom Rush, OMI

262-4749, Option 3

### PARISH LIFE COORDINATOR:

#### Marlys Verba

262-5542 / 262-4749 option 4  
Cell Phone: 252-5954  
[marlys.verba@gmail.com](mailto:marlys.verba@gmail.com)

### SEXUAL ABUSE VICTIM

### ASSISTANCE COORDINATOR:

Marlys Verba: contact info above

### PRAYER CHAIN:

[tairtrvl@gmail.com](mailto:tairtrvl@gmail.com)

For verbal prayer requests, please  
call the parish office.

## Parish Mission Statement

We, the faith community, accept the call of God to participate in the mission of Jesus Christ by Proclaiming the Gospel and living the reign of God among us as disciples.



TWENTY-NINTH SUNDAY IN ORDINARY  
TIME

October 16<sup>th</sup>, 2016

## SACRAMENTS

### SACRAMENT OF RECONCILIATION:

- Thursday: 12:45 pm and Saturday 4:15 – 4:45 pm

### SACRAMENT OF BAPTISM:

- Infants / children – Parents Preparation class is required. Contact the parish office to register.
- Children 8 and older - Contact the office to register for RCIA
- Adults – Contact the office to register for RCIA

### SACRAMENT OF MARRIAGE:

- Please contact the parish office for preparation of marriage, allowing at least 6 months.

### ANOINTING OF THE SICK OR COMMUNION:























- Anointing of the sick will be **October 29<sup>th</sup>/30<sup>th</sup>, 2016** during mass
- *NOTE: Because of privacy laws, parishioners need to notify us if going to the hospital. Remember to request Anointing of the Sick before surgery – please call the parish: 262-4749*
- *Homebound individuals wishing to receive the Eucharist need to contact the parish office.*

FUNERALS: Contact parish office immediately after the death.



Please Note: Submissions/articles for the weekly bulletin must be submitted via email by Wednesday at noon to Marlys [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com).

Calendar for October 17<sup>th</sup> - 23<sup>rd</sup> 2016

Monday, 10/17/2016	
<b>Readings:</b>  EPH 2:1-10  PS 100:1B-2,3,4AB,4C-5  LK 12:13-21	<b>Events:</b> <ul style="list-style-type: none"> <li>Centering Prayer: 8:15am at Church</li> </ul>
Tuesday, 10/18/2016	
<b>Readings:</b>  2TM 4:10-17B  PS 145:10-11,12-13,17-18  LK 10:1-9	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Why Catholic? Renew: O'Neill Hall 1pm and 6pm</li> </ul>
Wednesday, 10/19/2016	
<b>Readings:</b>  EPH 3:2-12  IS 12:2-3,4BCD,5-6  LK 12:39-48	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Adult Bible Study group will meet in Fireweed at 6:30pm</li> <li>RCIA Class 6:30pm in Community Room</li> <li>Faith Formation dinner at Fireweed Hall 6-6:30pm</li> <li>Faith Formation classes at O'Neill Hall 6:30pm-7:30pm</li> </ul>
Thursday, 10/20/2016	
<b>Readings:</b>  EPH 3:14-21  PS 33:1-2,4-5,11-12,18-19  LK 12:49-53	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Adoration follows Mass until noon Friday</li> </ul>
Friday, 10/21/2016	
<b>Readings:</b>  EPH 4:1-6  PS 24:1-2,3-4AB,5-6  LK 12:54-59	<b>Events:</b> <ul style="list-style-type: none"> <li>Men's Group 6:30am-8am</li> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> </ul>
Saturday, 10/22/2016	
<b>Readings:</b>  EPH 4:7-16  PS 122:1-2,3-4AB,4CD-5  LK 13:1-9	<b>Events:</b> <ul style="list-style-type: none"> <li>ACTS 9am in O'Neill Hall</li> <li>Centering Prayer workshop: 8:30am-4pm</li> <li>Reconciliation 4:15-4:45pm</li> <li>Word/Communion service No Mass</li> <li>Ministries Fair</li> </ul>
Sunday, 10/23/2016	
<b>Readings:</b>  SIR 35:12-14,16-18  PS 34:2-3,17-18,19,23  2COR 5:19  LK 18:9-14	<b>Events:</b> <ul style="list-style-type: none"> <li>Mass at 9am</li> <li>ACTS breakfast after Liturgy</li> <li>A Place at the Table:4-6pm</li> </ul>

October 17 <sup>th</sup> – October 23 <sup>rd</sup> 2016	
<b>Mops and Bucket Crew</b>	
<b>Collection Counters</b>	Karl Kircher Cindy Kircher October 23 <sup>rd</sup>
<b>Children's Liturgy of the Word</b>	Carol Asp

**Saturday 5:00pm**  
October 22<sup>nd</sup> 2016

**Lectors:**  
Dennis Murray  
Linda Houglum

**Eucharistic Ministers:**  
John Bonk

ONLY ONE NEEDED

**Servers:**  
Danny McIntosh  
Christian Thompson

**Sunday 9:00 am**  
October 23<sup>rd</sup> 2016

**Lectors:**  
Barb O'Lena  
Alex Zerbinos

**Eucharistic Ministers:**  
Cindy Glassmaker  
Ron O'Lena  
Meg Zerbinos

ONLY THREE NEEDED

**Servers:**  
Faith Glassmaker  
Caleigh Glassmaker

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## THE MONTH AHEAD

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**October 22<sup>nd</sup>** - Centering Prayer workshop 8:30am-4pm  
**October 22<sup>nd</sup> -23<sup>rd</sup>** - Ministry Fair weekend  
**October 23<sup>rd</sup>** - Parish Breakfast in Fireweed  
**October 23<sup>rd</sup>** - Place at the Table 4-6pm at Fireweed  
**October 26<sup>th</sup>** - No Faith Formation  
**October 28<sup>th</sup> - 29<sup>th</sup>** - Oktoberfest Halloween Carnival in Redemptorist Center Friday 5-9pm, Saturday 1-4pm  
**October 30<sup>th</sup>** - Heritage Place Costume Party after Mass  
**October 31<sup>st</sup>** - Halloween gathering at O'Neill Hall 5:00pm-8:00pm  
**November 12<sup>th</sup>** - Filipino and Columbian parish potluck in Fireweed after Mass  
**November 17<sup>th</sup> - 20<sup>th</sup>** - MEN'S ACTS Retreat

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## UPCOMING LITURGICAL SERVICES

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**October 22<sup>nd</sup> - 23<sup>rd</sup>** - Word and Communion Service  
**October 29<sup>th</sup> - 30<sup>th</sup>** - Anointing of the sick  
**November 1<sup>st</sup>** - Holy Day of obligation. Mass at noon  
**November 7<sup>th</sup> - 10<sup>th</sup>** - No daily Mass, No adoration this week  
**November 11<sup>th</sup>** - Daily Mass at noon as usual  
**December 22<sup>nd</sup>** - Advent Taize prayer at 7pm

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## "REACHING OUR YOUNGER GENERATIONS"

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Frank Mercandate will be with us in O'Neill Hall on Tuesday, **October 11<sup>th</sup>** to give a presentation on Missionary Discipleship: Reaching Our Younger Generations.

Please note the location change. We will have a light dinner at 5:30pm with the presentation starting at 6pm. There is much conversation on what more we can do for our younger members of the church. Please come and hear Frank's insights. Presentation is appropriate for all parents, high school students and those interested in Youth Ministry and reaching out to the youth. Frank will also, be facilitating the Fall Youth Rally at Lumen Christi on Saturday from 10-3pm. Registration forms are available on the bulletin board.

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## OMI MEETING

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The OMI's will be gone for meetings the week of **November 7<sup>th</sup> -10<sup>th</sup>**. There will not be Daily Mass on those days nor will there be adoration. There will be Mass on Friday at noon.

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## WHY CATHOLIC?

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We have two Why Catholic? Renew groups meeting on Tuesdays; both meetings are in O'Neill Hall at 1pm and 6pm respectively. If you want to join, please come, even if you have not participated before. Books will be available at the class.

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## CENTERING PRAYER

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Do you seek the still, small voice of God? Centering Prayer is a form of Christian prayer rooted in the ancient Christian Contemplative Tradition. It is a method of consenting to the presence and action of God in our lives. The fruit of this prayer is a growing sense of God leading us beyond anxiety into an inner stillness and peace, and outward in compassion and service.

There will be a Centering Prayer Workshop for those who are new to Centering Prayer and for those who wish to renew their practice on **October 22<sup>nd</sup>**, Saturday 9:30 – 3PM Our Lady of Perpetual Help Church in O'Neill Hall. There will be a centering prayer follow-up on Saturday, **November 5<sup>th</sup>** at O'Neill hall from 8:30am-4pm.

For more information and to sign up, please call Meg Zerbino, 398-4831

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## A PLACE AT THE TABLE

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The next gathering for the Place at the Table is **October 23<sup>rd</sup>** from 4-6pm. This free meal and conversation is a wonderful couple of hours to visit with community members and our church family. The List for the items needed for the dinner is posted on the bulletin board. Thank you in advance to those of you who help with this.

If you would like, please join us for the food preparation at 2pm.

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## OLPH COSTUME PARADE

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In an ongoing effort to connect the generations, we are planning an outing to Heritage Place. Our OLPH Costume Parade will take place Sunday, **October 30<sup>th</sup>** after mass. All adults, teens and children are encouraged to participate. Plan to bring your costumes to church and change into them after mass. We will then head over to Heritage Place for a costume parade.

Please join us for an exciting morning of fun and laughter as we share the holiday with the residents at Heritage Place.

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## RETROUVAILLE

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Retrouvaille is a program that was developed to teach married couples who are contemplating separation or divorce, or whose relationship with their spouse has deteriorated to disillusionment or despair, new and unique methods of communication that promote safe and effective discussion between spouses and with relationship building techniques that are healing marriages and families throughout the world. The fall program will begin in Anchorage next Friday evening. The spring program is scheduled to start **February 10, 2017**. For information call 907-863-8000 or log on to [www.HelpOurMarriage.com](http://www.HelpOurMarriage.com)

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## STEWARDSHIP THOUGHT FOR THE WEEK OF OCTOBER 9<sup>TH</sup>

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You might say our message from today's readings has everything to do with prayer. Could Jesus put it more clearly than He does at the beginning of the Gospel from Luke? "Jesus told his disciples a parable about the necessity for them to pray always without becoming weary."

We may recall that St. Paul told us we needed to "pray constantly." Prayer should be at the very core of our faith lives, and it is the beginning point of living lives of stewardship. Jesus probably did not mean that we should always be on our knees with our eyes closed in prayer, but He did expect us to always be in what one might call the "spirit of prayer." Paul refers to this in 1 Thessalonians 5:17 when he says, "Pray without ceasing."

To be sure, prayer is not easy. We may, as the Lord says, sometimes "lose heart" in prayer, because it is difficult for us to perceive the answer or the response to our prayers. (The term "lose heart" is another translation of what was translated in the Gospel as "becoming weary.") Too often we use prayer as a last resort instead of a first resource.

A healthy, consistent, and regular prayer life is in many ways the secret to a successful faith life. St. John Chrysostom said, "Prayer is the place of refuge for every worry, a foundation for cheerfulness, a source of constant happiness, and a protection against sadness."

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## THANK YOU

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Dear Church Family: It is with great humility that I thank you for all you have done for our family these past months. Your prayers, your love, your hugs, your tears, your support has sustained us during this most difficult time.

Rosemarie is at rest now. No more pain or sorrow can touch her, but while here, you all did. She was so grateful and humbled by all the support and outreach she received.

A special thank you to Anne McCabe and all the wonderful people who helped with her funeral reception. We could not have done it without you.

In Jesus' name, The O'Lena Family: Ron, Barb, Gabe, Megan, Jacob, Nate and Joshua.

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## CONFIRMANDI CANDIDATES

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Congratulations to our 17 confirmandi candidates who will be confirmed at the Sunday Mass by Archbishop Roger Schwietz, OMI.

Cody Quelland, John-Mark Pothast, Austin Asp, William Gross, Connor Gross, Patrick Gross, Leah McCabe, Korie Gilmore, Portia Padilla, Jackson Blackwell, Kellie Arthur, Ava Gabler, Danielle Hills, Vanessa Steiner, Madisen Elder, Trevor Marks and Samuel McElroy. We look forward to them becoming more active members in our faith community.

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## FAITH FORMATION NEWS

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Wednesday evening Faith Formation has gotten off to a great start. Classes will continue with their usual start time of 6:30, but dinner service now begins at 5:30. The lengthened meal time will ensure the little ones have time to eat before our group singing at 6:15. Anyone wishing to contribute to the Wednesday evening meals is encouraged to visit PerfectPotluck.com to sign up. Meal coordinator name is McCabe and the password is OLPH.

The faith formation students as well as the Children's liturgy family are invited to bring their costumes to church on Sunday, **October 30<sup>th</sup>** and after Mass, get dressed in their costumes and go to Heritage for some fun and games with the residents there. Come and bring a smile to share with them. Permission slips for the field trip and Facebook pictures will need to be signed. They are available from Ms. Marlys. For questions please see Ms. Anne.

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## STEWARDSHIP MINISTRY FAIR

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For the month of October we will be highlighting some of the different ministries that are available in our parish. The weekend of **October 22<sup>nd</sup>/23<sup>rd</sup>**, we will have a ministry fair and an opportunity for signing up for ministries you are interested in. Please prayerfully discern whether you could make a commitment for a year to help in that area. Suggestions for other ministries? See Sue Dukowitz.

We would like to initiate a Steward of the Month/Stewardship Ministry of the month to highlight our different areas. The Steward of the month would be nominated by you, anyone who you feel is a good representation of that ability to use their gifts for God's glory. Could be any age, family or individual. Forms will be available to use in the foyer along with a box to return them or put in the collection basket. We are hoping to, to have a picture of these individuals so that we may all get to know each other better.

Thank you in advance for your help with this ministry.

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## HALLOWEEN ACTIVITIES

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Halloween Community Carnival will happen on Friday, **October 28<sup>th</sup>** 5-8pm and Saturday, **October 29<sup>th</sup>** 1-4pm in the Redemptorist Center. Help is still needed in the many booths offered as well as cupcakes for the cakewalk. Stop and see Ms. Pat where you can help.

The evening of Halloween, **October 31<sup>st</sup>**, O'Neill will be open from 5-8pm for a warm place with hotdogs, hot cocoa, and a warm fire out front.

Coordinator, Pedro and Gladys at 262-0889 would love to have you assist for an hour or two.

Donations are gladly accepted for this evening: Please bring to O'Neill Hall.