



Our Lady of Perpetual Help

✠ 222 west redoubt avenue ✠ soldotna, ak 99669 ✠

Catholic Community Served by the Missionary Oblates of Mary Immaculate

MASS SCHEDULE:

SUNDAY LITURGY

Saturday 5:00 pm

Sunday 9:00 am

WEEKDAY MASS:

Tues - Fri 12:05 pm

ADORATION OF THE BLESSED SACRAMENT

12:30 pm Thursday to 12 noon
on Friday

CONTACT US:

PARISH OFFICE

Office Hours:

Closed on Monday; 9:00 am to
3:00 pm Tuesday - Friday

Parish Office Phone: 262-5542

Website - www.olph.cc

Access to We Share

Email - olph@alaska.net

PASTORS:

Fr. Roger Bergkamp, OMI

(Lead pastor)

262-4749, Option 3

rgrbergkamp@gmail.com

Fr. Bob Leising, OMI

262-4749, Option 3

bobleising@hotmail.com

Fr. Tom Rush, OMI

262-4749, Option 3

PARISH LIFE COORDINATOR:

Marlys Verba

262-5542 / 262-4749 option 4

Cell Phone: 252-5954

marlys.verba@gmail.com

SEXUAL ABUSE VICTIM ASSISTANCE COORDINATOR:

Marlys Verba: contact info above

PRAYER CHAIN:

tairtrvl@gmail.com

For verbal prayer requests, please
call the parish office.

Parish Mission Statement

We, the faith community, accept the call of God to participate in the mission of Jesus Christ by Proclaiming the Gospel and living the reign of God among us as disciples.



FOURTH SUNDAY OF LENT

MARCH 6th, 2016

SACRAMENTS

SACRAMENT OF RECONCILIATION:

- Thursday: 12:45 pm and Saturday 4:15 – 4:45 pm

SACRAMENT OF BAPTISM:

- Infants / children – Parents Preparation class is required. Contact the parish office to register.
- Children 8 and older - Contact the office to register for RCIA
- Adults – Contact the office to register for RCIA

SACRAMENT OF MARRIAGE:

- Please contact the parish office for preparation of marriage, allowing at least 6 months.

ANOINTING OF THE SICK OR COMMUNION:























- Anointing of the sick will be **April 2nd/3rd, 2016** after mass
- *NOTE: Because of privacy laws, parishioners need to notify us if going to the hospital. Remember to request Anointing of the Sick before surgery – please call the parish: 262-4749*
- *Homebound individuals wishing to receive the Eucharist need to contact the parish office.*

FUNERALS: Contact parish office immediately after the death.



Please Note: Submissions/articles for the weekly bulletin must be submitted via email by Wednesday at noon to Marlys marlys.verba@gmail.com.

Calendar for March 7th - 13th 2016

Monday, 3/7/2016	
Readings:  IS 65:17-21  PS 30:2and4,5-6,11-12A and13B  JN 4:43-54	Events: <ul style="list-style-type: none"> Centering Prayer: 8:15am at Church
Tuesday, 3/8/2016	
Readings:  EZ 47:1-9,12  PS 46:2-3,5-6,8-9  JN 5:1-16	Events: <ul style="list-style-type: none"> Morning Prayer 7:30am Daily Mass: 12:05pm Evaluation coffee time of the 24 Hours for the Lord in O'Neill Hall at 2pm
Wednesday, 3/9/2016	
Readings:  IS 49:8-15  PS 145:8-9,13CD-14,17-18  JN 5:17-30	Events: <ul style="list-style-type: none"> Morning Prayer 7:30am Daily Mass: 12:05pm RCIA meets in O'Neill Hall at 6:30pm
Thursday, 3/10/2016	
Readings:  EX 32:7-14  PS 106:19-20,21-22,23  JN 5:31-47	Events: <ul style="list-style-type: none"> Morning Prayer 7:30am Quilting Ministry in Fireweed 10-3pm Daily Mass: 12:05pm Adoration after Mass until Friday afternoon
Friday, 3/11/2016	
Readings:  WIS 2:1A,12-22  PS 34:17-18,19-20,21and 23  JN 7:1-2,10,25-30	Events: <ul style="list-style-type: none"> Men's Group 6:30am-8am Morning Prayer 7:30am Daily Mass: 12:05pm Bingo for Quilts/Baskets: Games begin at 6:30pm Soup supper at 6-6:45 at O'Neill Hall Stations of the Cross at 7pm at church Reconciliation 7:45pm-9pm
Saturday, 3/12/2016	
Readings:  JER 11:18-20  PS 7:2-3,9BC-10,11-12  JN 7:40-53	Events: <ul style="list-style-type: none"> Reconciliation 4:15-4:45pm Mass at 5pm
Sunday, 3/13/2016	
Readings:  IS 43:16-21  PS 126:1-2,2-3,4-5,6  PHIL 3:8-14  JN 8:1-11	Events: <ul style="list-style-type: none"> Mass 9 am Faith Formation Time Change To 10:15-11:15am Adult Education Class begins at 11:15 in Fireweed

March 7 th - 13 th 2016	
Mops and Bucket Crew	Audrey Russell Family
Collection Counters	Kathryn D. Cathy H. March 13 th
Children's Liturgy of the Word	Resume next week

Saturday 5:00pm
March 12th 2016

Lectors:
Rob Quelland
Martha Rodrigues

Eucharistic Ministers:
Rick Dukowitz
Susan Dukowitz
Holly West
Sean McGuire
MaryLou Nushart

Servers:
Danny McIntosh
Katherine Gross

Sunday 9:00 am
March 13th 2016

Lectors:
Karl Kircher
Carlos Valenzuela

Eucharistic Ministers:
Jim Fellman
Jane Fellman
Jane Eveland
Krys Williams
Dr. McIntosh

Servers:
Kellie Arthur
Erika Arthur

THE MONTH AHEAD

March 11th - Bingo for Quilts and Baskets at Fireweed. Doors open at 5:30pm, games begin at 6:30pm

March 11th - 20th - Spring Break, No Faith Formation!

March 13th - Daylight savings time change. Spring ahead

March 15th - Fr. Roger returns!

March 19th - World Wide United in Prayer Day at OLA 9:30-2pm

March 20th - The Place at the Table at 4pm in Fireweed Hall

April 1st - 3rd - Martha and Mary Archdiocese Women's Retreat at Alyeska

April 12th - Spring Renew Meeting at OLA at 5:30pm

April 18th - 21st - OMI Convocation. No Daily Mass, No Adoration that week

UPCOMING LITURGICAL SERVICES

March 16th - Chrism Mass at 7pm at Our Lady of Guadalupe, Anchorage

March 19th - World Wide United in Prayer Day at OLA 9:30-2pm

March 24th - Holy Thursday Mass at 7pm

March 25th - Station of the Cross around the town at noon. Station of the Cross at church at 3pm. Good Friday Liturgy at 7pm.

March 26th - Holy Saturday vigil at 9pm

March 27th - Easter Mass at 9am. Parish Breakfast follows.

A PLACE AT THE TABLE

Our next offering of a meal is scheduled for Sunday, **March 20th** from 4-6pm. Please let those who you think would be interested to know about this. Signup sheet for donations of food will be posted soon. Transportation for our parishioners to come will be provided. There is a signup sheet posted on the bulletin board.

FRED MEYERS COMMUNITY REWARD

Once again, thank you to those 55 households who've registered for the community rewards program from Fred Meyer. OLPH will be receiving \$349.55 for this quarter of rewards. Please visit: www.fredmeyer.com/community-rewards. OLPH # 8774 to register so that you may begin contributing to the parish from your shopping trips.

PARISH APP

Have you downloaded the Our Lady of Perpetual Help APP yet? Don't miss out on many things available at your fingertips. Receive notifications of current events, daily readings, access to our bulletin, Catholic Anchor News and much more!!!! 'Go to www.myparishapp.com today and download the APP today.



MARTHA AND MARY MINISTRY

In response to Pope Francis' Year of Mercy" declaration, all women of the Archdiocese of Anchorage are invited to attend a weekend retreat titled, "Women With a Heart of Mercy." Through reflection of both biblical and contemporary women who model hearts of mercy, Dominican sister Terry Richard and Mary Ann Collins will guide us as we nurture our own desires to be merciful. Please bring a photo of a woman who in your own life has been or currently is a role model of mercy.

The retreat will be held at the Chapel of Our Lady of the Snows, Girdwood Alaska beginning Friday, **April 1st** at 6pm through Sunday, **April 3rd** 2pm. Cost of the retreat is \$75.00. Rooms are reserved at Alyeska Prince Hotel for \$151.00 per night. Please consider sharing a room to split the cost. All room reservations must be made by **March 11, 2016**.

Questions: Please contact Bonnie Bezousek, Director of Faith Formation for the Archdiocese of Anchorage at 907-297-7732 or bbeousek@caa.ak.org. Partial or full scholarships are available. Please don't hesitate to ask!! Registration forms will be upcoming.

BINGO FOR QUILTS AND BASKET

Here's another opportunity to play the game everybody loves: BINGO for those beautiful quilts and this time baskets with different themes and gift certificates! Also twenty games to be played on Friday, **March 11th** in Fireweed. Doors open at 5:30pm games begin at 6:30pm. Food available also: Lasagna dinner with dessert included. Please mark this on your calendar and invite your friends.

STEWARDSHIP THOUGHT FOR THE WEEK OF MARCH 6TH

In our Second Reading from St. Paul's second letter to the Corinthians, Paul says, "So we are ambassadors for Christ, as if God were appealing through us. We implore you on behalf of Christ, be reconciled to God." There are two important points intended for us in those two sentences, especially during our Lenten journeys. First, we are to be "ambassadors on behalf of Christ." Then, as now, an ambassador was one who represented a ruler, at that time most likely a king, in dealing with others. Paul's meaning is that we are called to represent our King, the Lord, here and now in our dealings with others. We do things representing our Lord and Savior, and we need to recognize both that fact and the responsibility which goes with it. It is what being a steward means — someone who is placed in charge of gifts which come to us from God and which are to be used in God's behalf. That should be part of our Lenten efforts.

The second sentence reminds us that we need to be reconciled with God. Note that it does not say that God is to be reconciled with us. The duty lies with us and needs to be precipitated by us. At this time as Easter approaches, reconciliation-confession is important and necessary. At a recent general audience Pope Francis declared, "I can't be baptized two or three or four time, but I can go to confession often and regularly, and when I go to confession, I renew the grace of Baptism."



WORD WIDE UNITED IN PRAYER DAY

You are invited to join the centering prayer group on **March 19th**, 9:30-2 PM for the World Wide United In Prayer Day 2016.

United in Prayer Day 2016 celebrates silence as a source of relationship with our Creator and with all creation. We invite you to join in silence with the worldwide community of Contemplative Outreach as a sign of unity and peace with and for the whole human family. We will be listening and discussing Fr. Carl Arico's DVD talk on Centering Prayer as a Way of Life and practicing Centering Prayer. Please bring a sack lunch. We will meet at Our Lady of the Angels log church. For more info call Meg Zerbinos 398-4831

REMINDERS ABOUT LENT

Focus on prayer, almsgiving and charity
Fast on Ash Wednesday and Good Friday. That means one full meal, plus 2 light meals, but no solid foods between meals. Abstinence on Ash Wednesday, Good Friday and other Fridays of Lent.

This means no meat for those between 14 through 59 years of age.



Year of Mercy Plenary Indulgence at OLPH and OLPH is a pilgrimage site for the Year of Mercy. If you visit and do the required actions you can receive a plenary indulgence.

WHO: Indulgences can always be applied either to oneself or to the souls of the deceased, but they cannot be applied to other persons still alive.

WHAT: A plenary indulgence removes all of what is called "temporal punishment" due to sins that have already been forgiven. Sin and evil are real. Every sin, large or small is in some way a rejection of God. "Temporal punishment" is the natural consequence of that sin, the necessary purification following forgiveness of sin. A plenary indulgence will free you or someone else from the punishments of Purgatory.

WHEN: During the Year of Mercy (**December 8th 2015 - November 20th 2016**) you can gain one plenary indulgence for yourself, and one plenary indulgency per day for a soul undergoing purification in purgatory. You must have received Holy Communion for each indulgence.

HOW: Make a pilgrimage to OLPH or any of the other designated sites in the Archdiocese. It is important that this moment be linked, first and foremost, to the Sacrament of Reconciliation and to the celebration of the Holy Eucharist with a reflection on mercy. It is necessary to accompany this pilgrimage with the profession of faith and with prayer. The intentions that Pope Francis bears in his heart for the good of the Church and of the entire world should be concluded with one Our Father, one Hail Mary and one Glory Be.

Ideally the Sacramental Confession, Holy Communion and the prayer for the Pope's intentions should take place on the same day that the indulgenced work is performed but it is sufficient that these sacred rites and prayers be carried out within several days (about 20) before or after the indulgenced act.