



# Our Lady of Perpetual Help

✦ 222 west redoubt avenue ✦ soldotna, ak 99669 ✦

Catholic Community Served by the Missionary Oblates of Mary Immaculate

## MASS SCHEDULE:

### SUNDAY LITURGY

Saturday 5:00 pm

Sunday 10:00 am

### WEEKDAY MASS:

Tues - Fri 12:05 pm

### ADORATION OF THE BLESSED SACRAMENT

12:30 pm Thursday to 12 noon  
on Friday

## CONTACT US:

### PARISH OFFICE

#### Office Hours:

Closed on Monday; 9:00 am to  
3:00 pm Tuesday - Friday

#### Parish Office Phone: 262-5542

Website - [www.olph.cc](http://www.olph.cc)

Access to We Share

Email - [olph@alaska.net](mailto:olph@alaska.net)

### PASTORS:

#### Fr. Roger Bergkamp, OMI (Lead pastor)

262-4749, Option 3

[rgrbergkamp@gmail.com](mailto:rgrbergkamp@gmail.com)

#### Fr. Bob Leising, OMI

262-4749, Option 3

[bobleising@hotmail.com](mailto:bobleising@hotmail.com)

#### Fr. Tom Rush, OMI

262-4749, Option 3

### PARISH LIFE COORDINATOR:

#### Marlys Verba

262-5542 / 262-4749 option 4

Cell Phone: 252-5954

[marlys.verba@gmail.com](mailto:marlys.verba@gmail.com)

### SEXUAL ABUSE VICTIM ASSISTANCE COORDINATOR:

Marlys Verba: contact info above

### PRAYER CHAIN:

[tairtrvl@gmail.com](mailto:tairtrvl@gmail.com)

For verbal prayer requests, please  
call the parish office.

## Parish Mission Statement

We, the faith community, accept the call of God to participate in the mission of Jesus Christ by Proclaiming the Gospel and living the reign of God among us as disciples.



FIRST SUNDAY OF ADVENT

November 29<sup>th</sup>, 2015

## SACRAMENTS

### SACRAMENT OF RECONCILIATION:

- Thursday: 12:45 pm and Saturday 4:15 – 4:45 pm

### SACRAMENT OF BAPTISM:

- Infants / children – Parents Preparation class is required. Contact the parish office to register.
- Children 8 and older - Contact the office to register for RCIA
- Adults – Contact the office to register for RCIA

### SACRAMENT OF MARRIAGE:

- Please contact the parish office for preparation of marriage, allowing at least 6 months.

### ANOINTING OF THE SICK OR COMMUNION:























- Anointing of the sick will be **January 21<sup>st</sup>/22<sup>nd</sup>, 2016** after mass
- *NOTE: Because of privacy laws, parishioners need to notify us if going to the hospital. Remember to request Anointing of the Sick before surgery – please call the parish: 262-4749*
- *Homebound individuals wishing to receive the Eucharist need to contact the parish office.*

FUNERALS: Contact parish office immediately after the death.



Please Note: Submissions/articles for the weekly bulletin must be submitted via email by Wednesday at noon to Marlys [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com).

Calendar for November 30<sup>th</sup> - December 6<sup>th</sup> 2015

MONDAY, 11/30/2015	
<b>Readings:</b>  ROM 9:10-18  PS 19:8,9,10,11  MT 4:18-22	<b>Events:</b> <ul style="list-style-type: none"> <li>Centering Prayer: 8:15am at Church</li> </ul>
Tuesday, 12/1/2015	
<b>Readings:</b>  IS 11:1-10  PS 72:1-2,7-8,12-13,17  LK 10:21-24	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Evening of Remembrance: at 7pm at church</li> </ul>
Wednesday, 12/2/2015	
<b>Readings:</b>  IS 25:6-10A  IS 23:1-3A,3B-4,5,6  MT 15:29-37	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>RCIA 6:30-8:30pm; O'Neill Hall</li> </ul>
Thursday, 12/3/2015	
<b>Readings:</b>  IS 26:1-6  PS 118:1and8-9,19-21,25-27A  MT 7:21,24-27	<b>Events:</b> <ul style="list-style-type: none"> <li>Morning Prayer 7:30am</li> <li>Daily Mass: 12:05pm</li> <li>Adoration begins after Mass</li> </ul>
Friday, 12/4/2015	
<b>Readings:</b>  IS 29:17-24  PS 27:1,4,13-14  MT 9:27-31	<b>Events:</b> <ul style="list-style-type: none"> <li>Men's Group 6:30am-8am</li> <li>Morning Prayer 7:30am</li> <li>Adoration until 11:45am</li> <li>Daily Mass: 12:05pm</li> </ul>
Saturday, 12/5/2015	
<b>Readings:</b>  IS 30:19-21,23-26  PS 147:1-2,3-4,5-6  MT 9:35-10:1,5A,6-8	<b>Events:</b> <ul style="list-style-type: none"> <li>Reconciliation 4:15-4:45pm</li> <li>Mass at 5pm</li> </ul>
Sunday, 12/6/2015	
<b>Readings:</b>  BAR 5:1-9  PS 126:1-2,2-3,4-5,6  PHIL 1:4-6,8-11  LK 3:1-6	<b>Events:</b> <ul style="list-style-type: none"> <li>Mass 10 am</li> <li>Faith Formation Class</li> </ul>

November 29 <sup>th</sup> – December 6 <sup>th</sup> 2015	
<b>Mops and Bucket Crew</b>	Lynda Kahn Family
<b>Collection Counters</b>	Connie G. Kathy F. December 6 <sup>th</sup>
<b>Children's Liturgy of the Word</b>	Ruthann T. Anna

**Saturday 5:00pm**  
December 5<sup>th</sup> 2015

**Lectors:**  
Ruthann Truesdell  
Rob Quelland

**Eucharistic Ministers:**  
Bill Sadler  
Kathy Cullings  
Kathy Bongiovanni  
Rick Dukowitz  
Susan Dukowitz

**Servers:**  
Please check the bulletin board for the servers for this week

**Sunday 10:00 am**  
December 6<sup>th</sup> 2015

**Lectors:**  
Becky Applebee  
Melissa Thomson

**Eucharistic Ministers:**  
John Pothast  
Krys Williams  
Dr. McIntosh  
Jane Eveland  
Cindy Kircher

**Servers:**  
Please check the bulletin board for the servers for this week

**Christmas Liturgical Ministries List**

*There is a signup sheet for the liturgical ministries for the Christmas Masses. Please check to see what areas you may help with. Thank you in advance.*

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## THE MONTH AHEAD

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**November 29<sup>th</sup>, December 20<sup>th</sup>, 27<sup>th</sup> or January 3<sup>rd</sup>** - No faith Formation classes

**December 10<sup>th</sup>** - Salvation Army Christmas Box pack in at 1pm in Kenai

**December 11<sup>th</sup>** - Moms Group: Gingerbread House Making in O'Neill Hall at 5:30pm-7pm

**December 18<sup>th</sup> and 22<sup>nd</sup>** - Silver Bell ringing 11-7pm at Fred Meyer

**December 20<sup>th</sup>** - Parish Breakfast / Children's Christmas Pageant after Mass

**December 23<sup>rd</sup>** - Clean/Decorate Church for Christmas at 1pm/Mass



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## UPCOMING LITURGICAL SERVICES

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**December 1<sup>st</sup>** - Evening of Remembrance 7pm

**December 7<sup>th</sup>** - Vigil of Feast of Immaculate Conception at 7pm

**December 8<sup>th</sup>** - Holy Day of Obligation: Feast of Immaculate Conception. Noon Mass

**December 15<sup>th</sup>** - Advent Reconciliation Service at 7pm at OLPH

**December 18<sup>th</sup>** - Advent Reconciliation Service 5:30pm at OLA

**December 24<sup>th</sup>** - No Daily Mass

**December 24<sup>th</sup>** - Children's Mass at 5pm

**December 24<sup>th</sup>** - Christmas Eve Mass of the Night at 9pm

**December 25<sup>th</sup>** - Christmas Day Mass at 10am

**December 31<sup>st</sup>** - Vigil of Solemnity of Mary, Mother of God at 6:30pm. No Adoration this week.

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## POINSETTIA REMEMBRANCE

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It's that time of the year again to remember our loved ones during the holidays with a poinsettia for the sanctuary during the Christmas season. The cost is \$12/flower. Envelopes on foyer table ordered by **December 15<sup>th</sup>**. Please include names of loved ones/monies in the envelope.

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## EVENING OF REMEMBRANCE

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On **December 1<sup>st</sup>** at 7pm, there will be an Evening of Remembrance, a prayerful gathering as we enter the holiday season to remember our loved ones and to cherish their memories. Please join us.

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## MARTHA AND MARY WOMEN'S MINISTRY

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The next gathering of the Martha and Mary Women's Ministry is scheduled for **January 23<sup>rd</sup>** from 11:30am-1pm. It will be a presentation by Brenda Maiman "Heart Language". Here is a snapshot of that presentation: As godly women, we often speak "Heart language" to express ourselves. We "Open our Hearts" to others, "Set our hearts" in prayer to God's attentive Presence.

We look forward to beginning this ministry together. Please invite a friend to come with you. Childcare is available if you notify Marlys ahead of time that there is a need. Please see the posted schedule for the upcoming gatherings/activities of this ministry.

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## SALVATION ARMY CHRISTMAS BOX PACK IN

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Please join us on Thursday **December 10<sup>th</sup>** at 1pm at the Kenai Salvation Army store as we help pack the Christmas dinner Boxes for those needing this outreach. This afternoon activity moves quickly and the more hands there are the faster it goes. See Scott for details. This activity is appropriate for grade school students up with parent supervision.

Signup sheet may be found on the bulletin board in the foyer.



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## Silver Bells Ringing

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We have committed again to ring bells for the Salvation Army on two occasions; Friday **December 18<sup>th</sup>** and Tuesday **December 22<sup>nd</sup>** from 11am-7pm. There is a signup sheet on the foyer bulletin board. Families are welcome to participate in this activity, an adult must accompany the children during the activity. Please see Scott for any questions.

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## THANK YOU

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Thank you to the Filipino families who prepared and served the food on Saturday at the potluck. It was a great gathering, great food, great conversation and a fun time!

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## STEWARDSHIP THOUGHT FOR THE WEEK OF NOVEMBER 29<sup>th</sup>

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Today is the first Sunday of Advent. Advent is a time of preparation for us, a time to prepare for the coming of Christ at Christmas. (The word "Advent" comes from the Latin word *adventus*, which means "coming.") Although Advent refers to Christ's birth at Christmas, it also refers to the coming of Christ through the Sacrament of Holy Communion. Finally, it reminds us of the need to prepare for His Second Coming.

Everything we do during this holy period should be aimed at preparing our minds and hearts for Christ's arrival. Our readings today, from our First Reading in which the prophet Jeremiah predicts the coming of Christ ("The days are coming, says the Lord, when I will fulfill the promise.") to our Gospel from Luke ("And then they will see the Son of Man coming in a cloud with power and great glory.") anticipates Christ's arrival, both as an infant and in His return.

As individuals and families and households we need to develop or continue Advent traditions. Whether it is setting time aside for special prayer or carefully filling a manger or lighting an Advent wreath or singing Christmas carols or reading Christmas poems and stories, we need to do some different things and do them consistently throughout Advent. This will help us have the both the right focus and the right attitude.



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## CHILDREN'S CHRISTMAS MASS CHOIR

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Those students grades third and up, that are interested in participating in a choir for the children's Christmas Eve Mass at 5pm are invited to a meeting immediately after Mass on Sunday **December 13<sup>th</sup>** in the choir area.

Please come to check on the rehearsal times/music and get prepared to sing praises during the Mass.

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## CHRISTMAS LETTER CAMPAIGN

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As we approach the holidays in particular this year, let us remember our servicemen and women who strive to keep the peace in our world and are away from home. If you have any names/pictures of armed services members and would like to have them included in the Christmas letter campaign, please put them in the basket in the foyer.

That campaign with letter writing and cards will be available in Fireweed on the weekends of **November 28<sup>th</sup> - 29<sup>th</sup>** and **December 5<sup>th</sup> - 6<sup>th</sup>** after the Masses. In addition to the thoughts, in particular, as we move into the YEAR OF MERCY, please consider participating in an hour of Eucharistic Adoration through the month of December for those individuals. The time slots of Thursday, from 3 to 6pm, in particular are designated an Hour of Power. Stop for a few minutes and lift your prayers for our service people.

One of the servicemen from our parish, A1C Russell Dukowitz would appreciate those cards/letters and prayers.

His address: 102 West Alison Avenue  
Clovis, New Mexico 88101  
UNIT 56

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## ADVENT SEASON

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ADVENT SEASON begins on **November 29<sup>th</sup>**. To assist each of you during this season, in the foyer are resources to use during this holy time. The Blue Book with daily reflections for adults, Reflection book for Teens/young adults and an advent calendar for students.

In addition please note, there is are two Advent Reconciliation opportunities: **December 15<sup>th</sup>** at OLPH at 7pm and OLA, Kenai on **December 18<sup>th</sup>** at 5:30pm.

As we begin the Year of Mercy on **December 8<sup>th</sup>** there will be opportunities to practice the Corporal/Spiritual Works of Mercy. The bulletin board in the foyer will have frequently updated materials/opportunities for each of you. Please stay tuned for those various opportunities.

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## BUNCO FUN

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There is in the planning an evening of BUNCO playing, learning the game for some of us and conversation/fun on Saturday **January 30<sup>th</sup>** after Mass. Potluck fare after Mass and then let the Game begin! If you are a seasoned BUNCO player and want to share your expertise and help with this, please see Thelma.