

# Our Lady of Perpetual Help

Catholic Community

July 3, 2011

Sunday

Served by the Missionary Oblates of  
Mary Immaculate

222 West Redoubt Avenue Soldotna, AK

Office Phone: 262-4749

Office Hour 9am-3pm Tuesday-Fridays

Closed on Mondays

Parish Hall Phone: 262-5542

Web Site: - [www.olph.cc](http://www.olph.cc)

E-mail: [olph@alaska.net](mailto:olph@alaska.net)

PARISH MISSION  
STATEMENT:

*We, the faith community,  
accept the call of God to  
participate in the mission of  
Jesus Christ by  
Proclaiming the Gospel and  
living the reign of God  
among us as disciples.*

		<u>Phone</u>	<u>E-mail</u>
Marlys Verba	Parish Life Coordinator	262-5542/262-4749 option 4 Home Phone: 262-8830	<a href="mailto:marlys.verba@gmail.com">marlys.verba@gmail.com</a>
Fr. Roger	Pastor	262-4749, Option 3	<a href="mailto:rgrbergkamp@gmail.com">rgrbergkamp@gmail.com</a>
Fr. Andrew	Pastor	262-4749, Option 3	<a href="mailto:andyomi@gmail.com">andyomi@gmail.com</a>
Fr. Joe	Pastor	262-4749, Option 3	<a href="mailto:joejdowling@yahoo.com">joejdowling@yahoo.com</a>

**SUNDAY LITURGY:** Saturday 5:00pm & Sunday 10:00am and 5:00 pm until July 31st

**WEEKDAY MASS SCHEDULE:** Tuesday through Friday, 12:05pm

**Sacrament of Reconciliation:** Thursday 12:45pm — Saturday 4:00 to 4:45pm

**Adoration of Blessed Sacrament:** Thursdays 12:30pm — Fridays 12:00 noon

**Sacrament of Anointing of Sick or Communion: Available during the Sunday Masses, or as needed. Because of HIPAA laws, parishioners need to notify us if going to the hospital. Remember to request Anointing of the Sick before surgery — please call the parish @ 262-4749.**

**Sacrament of Baptism:** for children – Parents Prep. class required. Call Marlys for reservations.

Best done prior to birth. Class scheduled **August 2 at 7:00pm**

for adults – Contact the office about RCIA

for children 8 and older; RCIC classes — please call our office

**Sacrament of Marriage:** 6 month process (several classes and FOCUS Test and/or Engaged Encounter, or Couple to Couple...contact a priest.



**Funerals:** contact parish office immediately after the death.

**Prayer Chain:** [pjham@alaska.net](mailto:pjham@alaska.net), Pat Hamilton 262-5250

**Sexual Abuse Victim Assistance Coordinator:** Marlys Verba

Please Note: Submissions/articles for the weekly bulletin via email must be in by Thursdays at noon to Marlys: [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com) Thanks!

## Calendar for July 4, 2011 - July 10, 2011, with Daily Readings

<p><b>July 4, Monday:</b> Morning Prayer 7:30am</p> <p>Centering Prayer 8:15am</p> <p style="text-align: center;"><b>Independence Day!</b></p> 	<p><b>July 5, Tuesday:</b> Morning Prayer 7:30am</p> <p>Mass 12:05</p> <p>Legion of Mary 12:45pm</p> <p>St Vincents 5pm</p> <p>Fulfilled in your Hearing 6:00pm</p>	<p><b>July 6, Wednesday:</b> Morning Prayer 7:30am</p> <p>Mass 12:05</p>	<p><b>July 7, Thursday:</b> Morning Prayer 7:30am</p> <p>Adoration</p> <p>Mass 12:05</p>	<p><b>July 8, Friday:</b> Morning Prayer 7:30am</p> <p>Mass 12:05</p>	<p><b>July 9 Saturday:</b> Reconciliation 4:00pm</p> <p>Mass 5:00pm</p>	<p><b>July 10, Sunday:</b> Mass 10:00am</p> <p>Mass 5:00pm</p> 
<p>Gn 28: 10-22a 91: 1-2, 3-4, 14-15ab Mt 9: 18-26</p>	<p>Gn 32: 23-33 17: 1b, 2-3, 6-7ab 8b, 15 Mt 9: 32-38</p>	<p>Gn 41: 55-57; 42: 5-7a, 17-24a 33: 2-3, 10-11, 18-19 Mt 10: 1-7</p>	<p>Gn 44: 18-21, 23b-29; 45: 1-5 105: 16-17, 18-19, 20-21 Mt 10:7-15</p>	<p>Gn 46: 1-7, 28-30 37: 3-4, 18-19, 27-28, 39-40 Mt 10: 16-23</p>	<p>Gn 49: 29-32; 50: 15-26a 105: 1-2, 3-4, 6-7 Mt 10: 24-33</p>	<p>Is 55: 10-11 65: 10, 11, 12-13, 14 Rom 8: 18-23 Mt 13: 1-23, or, 13: 1-9</p>

The prayer of Jesus praising the Father for hiding His truth from the learned and wise was not intended to provide an excuse for students not to study. Instead He was contrasting what the world values as wisdom and learning with the true wisdom revealed by God, whose standards are the opposite of those of the world.

The same theme appears in the prophecy of Zechariah who proclaimed that the Messiah would be humble and peaceful when most expected Him to be a military conqueror. And again, St. Paul wrote to the Roman Christians to follow the leading of the Holy Spirit instead of living "according to the flesh," our sinful human desires which govern most people.

The way to begin is by thanking God and praising him, as we sing in Psalm 145, "I will praise your name forever, my King and my God." Thanksgiving takes our attention off ourselves and directs it toward God, who is the source of our time, talent, and treasure. Realizing that all we have comes from Him as gifts, we become willing to share them, and so discover true wisdom.

### Saturday, July 9, 2011, 5:00pm

**Eucharistic Ministers:** Barbara Bonk, John Bonk, Barbara Dilley, Cheryl Hammarstrom, Steve Hammarstrom

**Lectors:** 1<sup>st</sup> Reading: Mary Baily

2<sup>nd</sup> Reading: Judy Nelson

**Altar Server:** please check in

### Sunday, July 10, 2011, 10:00am

**Eucharistic Ministers:** Connie Dunn, Karen Evenson, Jane Fellman, Jim Fellman, Kate Forrest, Diane Garske, Margurite McIntosh

**Lectors:** 1<sup>st</sup> Reading: Bob Evenson

2<sup>nd</sup> Reading: Barb O'Lena

**Altar Server:** please check in

**Mop & Bucket 7/4-7/9** Craig Hansen Family

**Collection Counters: 7/10:** Karl & Cindy Kircher

## THE NEED FOR RECREATION

Is there such a thing as a stewardship of recreation? Some people might dismiss the thought. But they'd be wrong. In his book, *The Gift of the Jews*, author Thomas Cahill observes that, in receiving the Ten Commandments, the ancient Hebrews did something no other ancient society had ever done: they established a day of rest. "The God who made the universe and rested bids us to do the same, calling us to a weekly restoration of prayer, study, and recreation (or re-creation)." For those of us in the Northern Hemisphere at least, probably no other month bids us to relax as the month of July does. Backyard barbecues, days at the pool or the beach, a recreational outing or simply the lazy idleness of a mid-year Sunday afternoon invite us to slow down. And this invitation should be heeded. Sometimes, our society induces in us a sense of guilt if we're not "doing." But turning off the computer and the phone and spending quality time with those around us, or finding time for our own interior lives, is stewardship of our time which leads to the place where God dwells. It's a good example for our kids as well: July presents a wonderful time to "rest" from all the electronic screens and busyness that dominate their young lives. July is also the month when U.S. citizens celebrate the proclamation of their freedom. When the Hebrew people first received the Ten Commandments, they too had just received their freedom from the Egyptians after a sojourn in the wilderness. Cahill thinks it's no coincidence that a people recently liberated were in need of a directive to rest and reflect. "Leisure," he writes, "is the necessary ground of creativity, and a free people are free to imitate the creativity of God." So, the next time you feel guilty about a quiet, reflective time of doing "nothing" remember that recreation also means "re-creation" and that to be a truly creative person, a steward of our interior resources, we must honor our need to rest, relax, be with others, read and play.

## COLLECTION

Thank you for your donations to the collection for the church in Central and Eastern Europe! Your generosity will provide vital assistance to the essential pastoral needs of the region's church. Please visit [www.usccb.org/nationalcollections](http://www.usccb.org/nationalcollections) to learn more about what your donations have achieved.

## YOUR ADORATION IS NEEDED

There are now three (3) openings at our Soldotna Parish. Please do consider spending time with our Eucharistic Lord every Thursday night from 7pm until 8pm, Friday early mornings from 1am until 2am, and Friday mornings from 8am until 9am. Help with any of these times is gratefully appreciated! Substitutes are available. Try it out while you are here for the summer. Call Maria at 262-1703 with questions or to sign-up for a trial run. Thank you.

## SUMMERTIME

A second OLPH Sunday mass for summer will be offered beginning June 26th through July 31st at 5pm. If you are interested in serving in one of the ministries: Eucharistic minister, lector, music minister, altar server, usher. Please contact Ruthann at 252-7337 or email [ruthann\\_truesdell@yahoo.com](mailto:ruthann_truesdell@yahoo.com)

## STEWARDSHIP MOMENT

One of the most well known and beloved passages in scripture is the gentle invitation of our Lord in today's Gospel reading: "Come to me, all you who labor and are burdened, and I will give you rest." When we need physical rest, we sleep or take a nap. When we need emotional rest, we sometimes take a vacation. But how do we find spiritual rest? How do we discover Christ's peace as we grapple with the complex issues of life deep in our hearts? Good stewards find their rest in the Lord. Reflect this week on what you do to welcome the peace of Christ.

## SALE

### ALASKA GOODIES / HOMEMADE ITEMS

There is a sale after all Masses this weekend. Baked goods, jellies, and assorted home-made items. Please stop by and grab something for your 4th of July celebration! Thanks for supporting your World Youth Day Teen Pilgrims







## KATERI TECKAKWITHA

A profound commitment to stewardship is revealed in a quote attributed to Kateri:

*"I am not my own; I have given myself to Jesus. He must be my only love. The state of helpless poverty that may befall me if I do not marry does not frighten me. All I need is a little food and a few pieces of clothing. With the work of my hands I shall always earn what is necessary and what is left over I'll give to my relatives and to the poor. If I should become sick and unable to work, then I shall be like the Lord on the cross. He will have mercy on me and help me, I am sure."* Blessed Kateri Teckakwitha is the first Native American to have been beatified. Born in 1656 on the south bank of the Mohawk River near Auries-ville, New York, Tekakwitha was the daughter of a non-Christian Mohawk chieftain and an Algonquin mother who was a Catholic convert, educated and baptized by French missionaries. When Teckakwitha was four years old, a smallpox epidemic claimed the lives of her parents and baby brother. She survived the disease but her face was left severely scarred and her eyesight impaired.

At age 20, after having taken religious instruction at a nearby mission, Teckakwitha was baptized and given the name Kateri (Katherine). She vowed not to marry, which was considered aberrant in her tribal culture and created great difficulties for her. Kateri was persecuted by her fellow villagers for her faith. A year later, finding the persecution unbearable, Kateri fled her village and walked 200 miles through forests, rivers and swamps to settle in a Christian mission in Sault St. Louis, near Montreal. The remainder of her young life was dedicated to prayer and devotion to the Eucharist, teaching children at the mission and caring for the sick and the elderly. She died of an illness in 1680 when she was 24 years old. Kateri is known as the "Lily of the Mohawks" and devotion to her is responsible for establishing Native American ministries in Catholic churches throughout the United States and Canada. She was beatified by Pope John Paul II in 1980 and her feast day is July 14.

## 20 Stewardship Ideas for the month of July

- Think of a charity which is amply blessed at Christmas.  
Remember them with a gift mid-year.
- Invite a single friend over for a meal.
- Attend an extra Mass on a weekday this month.
- Abstain from something you like, meat, a latte, a cold drink on Fridays and save the money for a charity.
- Take your rosary with you for an early morning walk.
- Each day, say a prayer for one of the world's trouble spots.
- Turn off the TV, phone, and computer, and spend an hour devoted to someone you love.
- Surprise an old friend with a phone call.
- Buy or pick a flower for someone without a "reason."
- Take your family to a farmers' market if in season.
- Send an unexpected thank you note for a small favor.
- Stop for a moment during your busy day and enjoy an ice cream cone or other favorite treat.
- If you hear a great homily, tell the homilist.
- Splurge on some produce and buy enough to share with someone in need.
- See if you can go one day without complaining.
- On occasion, try turning your prayer before meals into a spontaneous prayer of thanks, using your own words.
- If you spot a neighbor in the yard, stop for a brief chat.
- When standing in the store checkout line, let someone with fewer items go ahead of you.
- Sing, or sing louder, at Mass.
- Recycle more.