

# Our Lady of Perpetual Help

## Catholic Community

Twenty-Eighth Sunday in Ordinary Time, October 11, 2009

Served by the Missionary Oblates of Mary Immaculate

**222 West Redoubt Avenue Soldotna, AK**

Office Phone: 262-4749

Parish Hall Phone: 262-5542

Web Site: - [www.olph.cc](http://www.olph.cc)

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		<u>Phone</u>	<u>E-mail</u>
Marlys Verba	Parish Director	262-5542/262-4749 option 4 Home Phone: 262-8830	<a href="mailto:marlys.verba@gmail.com">marlys.verba@gmail.com</a>
Fr. Roger Bergkamp	Pastor	262-4749, Option 3	
Fr. Andrew	Pastor	262-4749, Option 3	<a href="mailto:andyomi@gmail.com">andyomi@gmail.com</a>
Fr. Joe	Pastor	262-4749, Option 3	<a href="mailto:joejdowling@yahoo.com">joejdowling@yahoo.com</a>
Bro. Craig	Pastoral Associate	262-4749, Option 3	<a href="mailto:cbonham0817@gmail.com">cbonham0817@gmail.com</a>

**SUNDAY LITURGY:** Saturday 5pm, Sunday 9am and 11:30am

**WEEKDAY LITURGY:** Monday through Friday, 12:05pm

**Sacrament of Reconciliation:** Thursday 11:00 – 11:45am  
Saturday 4:00 – 4:45pm

**Sacrament of Anointing of Sick:** Available during the Sunday masses, or as needed.

**Sacrament of Baptism:** for children – Parents Prep class required. Call Marlys for reservations.  
Best done prior to birth.  
for adults – Contact the office about RCIA

**Sacrament of Marriage:** 6 month process (several classes and FOCUS Test and/or Engaged Encounter, or Couple to Couple...contact a priest.

**Pastoral Council:** meets the 3<sup>rd</sup> Thursday of each month (usually)

**Prayer Chain:** [pjham@att.net](mailto:pjham@att.net), Pat Hamilton 262-5250

**Sexual Abuse Victim Assistance Coordinator:** Marlys Verba

Please Note: Submissions/articles for the weekly bulletin via email must be in by Thursdays at noon to Marlys: [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com) and you may send a copy to: [csponsel@acsalaska.net](mailto:csponsel@acsalaska.net)

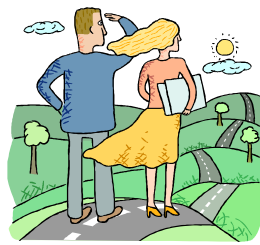
**Year of the Priest: October prayer is for the cardinal virtue of**

**FORTITUDE.** Fortitude is: "Firmness of spirit. As a virtue, it is a steadiness of will in doing good in spite of difficulties faced in the performance of one's duty.

There are two levels to the practice of fortitude: one is the suppression of inordinate fear and the other is the curbing of recklessness. The control of fear is the main role of fortitude. Hence the primary effect of fortitude is to keep unreasonable fears under control and not allow them to prevent one from doing what one's mind says should be done. But fortitude or courage also moderates rashness, which tends to lead the headstrong to excess in the face of difficulties and dangers. It is the special virtue of pioneers in any endeavor.

As a human virtue, fortitude is essentially different from what has come to be called animal courage. Animals attack either from pain, as when they go after humans because they are angered, whom they would leave alone if they were unmolested. They are not virtuously brave, for they face danger from pain or rage or some other sense instinct, not from choice, as do those who act with foresight. True courage is from deliberate choice, not mere emotion. (Etym. Latin fortitudo, strength; firmness of soul; courage of soul.)

(Modern Catholic Dictionary, Fr. John Hardon) Also, see the Catechism of the Catholic Church, 2nd edition, paragraph 1808. For more information on Year of the Priest, contact Joanne Biegel 262-2444.



**A LOOK AHEAD:**

**B**aptism class is scheduled for Tuesday October 13 at 7:30pm in O'Neill Hall; if you have not done so, please call the office to register — **262-5542**; the next class will be scheduled in three months.

**T**he Oktoberfest dinner will be held on Oct 24<sup>th</sup> this year. Tickets are available in the foyer and are \$20.00 per person. Seating is limited so please plan ahead and get your tickets early to join in the fun !!

**M**USIC practice for Advent/Christmas will begin for the choir on Saturday, October 17th at 1pm in the church; please join us.

**SAFE ENVIRONMENT INFORMATION REGARDING THE TRAINING/BACKGROUND CHECKS WILL BE AVAILABLE AFTER EVERY MASS NEXT WEEKEND, IN THE COMMUNITY ROOM; IF YOU ARE INVOLVED IN ANY WAY, WITH ANY MINISTRY, THAT IS INVOLVED WITH CHILDREN OR THE VULNERABLE ADULTS, YOU ARE REQUIRED TO HAVE THIS; THAT INCLUDES CHOIR, YOUTH MINISTRY, FAITH FORMATION/BIBLE STUDIES, PARISH HEALTH MINISTRY, ST.VINCENT DE PAUL SOCIETY, ALTAR SERVERS. ANY QUESTIONS, SEE MARLYS OR CALL 262-5542**

**A**doration Opening - There is an opening for Eucharistic Adoration on Thursdays from 5pm until 6pm. If you would like to try this hour, please call **Maria at 262-1703**. Thanks!

**Fr. Frank Pavone** will be the guest speaker at the PROUDLY PROLIFE DINNER sponsored by Alaska Right to Life at the Anchorage Hilton on SATURDAY, OCTOBER 17.

Fr. Pavone, founder of Priests for Life, is a dynamic speaker who has spoken at this event in the past and returns “by popular demand,” speaking knowledgably and in a straightforward manner regarding human dignity and morality. He is highly regarded by all—Catholic and non-Catholic—in the prolife movement.

See Bob or Rosemary Bird for banquet tickets, which are \$55. 776-5898

## October Teen Night—Scavenger Hunt

All are invited to attend this Mass.

On Sunday, October 18, the monthly teen night will be held at OPLH. Mass starts at 4:00pm with a Scavenger Hunt and Supper to follow. The event will end at 8:00pm. All participants must be signed up by this weekend, Sunday, October 11. Make sure to bring \$5.00 for the attendance fee and warm clothing as we will be outside. If you have questions you can contact **Elaine Agosti 283-7055** or **Tonilyn Spring 262-8478**.

**NEW RULE: You MUST be signed up the week before the monthly event in order to participate. This is for planning. There will be NO exceptions!**

### Calendar for October 12, 2009 – October 18, 2009, with Daily Readings

October 12, Monday: Noon Mass Morning prayer, 7:30am	October 13, Tuesday: Noon Mass Morning prayer, 7:30am	October 14, Wednesday: Noon Mass Morning prayer, 7:30am Teen choir practice, 7pm	October 15, Thursday: Noon Mass Morning prayer, 7:30am Eucharistic Adoration starts after noon service Men's Group Breakfast 6:30am	October 16, Friday: Noon Mass Morning prayer, 7:30am Eucharistic Adoration ends before noon service	October 17, Saturday: 5pm Mass Reconciliation 4:00pm	October 18, Sunday: 9:00am, 11:30am Masses
Romans 1:1-7 Psalm 98:1bcde, 2-3ab, 3cd-4 Luke 11:29-32	Romans 1:16-25 Psalm 19:2-3, 4-5 Luke 11:37-41	Romans 2:1-11 Psalm 62:2-3, 6-7, 9 Luke 11:42-46	Romans 3:21-30 Psalm 130:1b-2, 3-4, 5-6ab Luke 11:47-54	Romans 4:1-8 Psalm 32:1b-2, 5, 11 Luke 12:1-7	Romans 4:13, 16- 18 Psalm 105:6-7, 8- 9, 42-43 Luke 12:8-12	Isaiah 53:10-11 Psalm 33:4-5, 18- 19, 20, 22 Hebrews 4:14-16 Mark 10:35-45

#### Saturday October 17, 2009, 5:00pm

**Eucharistic Ministers:** Charlotte Sponsel, Krys Williams, Margaret Johnson, Bill Sadler, NEED HELPER

**Lectors:** 1<sup>st</sup> Reading; Dave Nelson; 2<sup>nd</sup> Reading: NEED HELPER

**Altar Server:** Server Needed

#### Sunday, October 18, 2009, 9:00am

**Eucharistic Ministers:** Tim Agosti, Thelma Antila, Barb O'Lena, Gloria Sweeney, Mike Sweeney

**Lectors:** 1<sup>st</sup>. Reading: Eli Woodvine; 2<sup>nd</sup> reading: Kathleen Evenson

**Altar Server:** Danny McIntosh

#### Sunday, October 18, 2009, 11:30am

**Eucharistic Ministers:** ACTS will provide ministers

**Lectors:** 1<sup>st</sup>. Reading: ACTS; 2<sup>nd</sup> reading: ACTS

**Altar Server:** Robert Johnson

**Mop & Bucket 10/12 — 10/17:** Janet Shapley Family **Collection Counters: 10/18:** Kathryn Dunagan, Cathy Haas





Cash &  
Check Only

# COMMUNITY Health Fair



SAVE THIS DATE!

Oct. 17th, 2009

Blood Draw: 9 a.m. to 1 p.m.  
Village Fair: 9 a.m. to 2 p.m.

## Booths

- Frontier Community Services
- Central Emergency Services
- Safe Kids
- SART/SANE
- Oncology
- Cardiac Rehab
- Central Peninsula Hospital Auxiliary
- Life Alaska
- Peninsula Hearing
- Lions Club Children's Eye Screening
- Much More!

Soldotna High School Commons  
425 W. Marydale,  
Soldotna

## Screenings for:

9am to 1pm


- Blood Pressure
- Height & Weight
- Respiratory
- Hearing
- Carbon Monoxide Level
- Sleep Disorders
- Blood Chemistry Panels (\$40)\*
- Thyroid - TSH (\$30)\*
- Prostate - PSA (\$25)\*

\* Those who wish to have blood work done should remember you must be 18 years or older and to fast for 12 hours prior, with the exception of diabetics who should eat. Continue taking medications as prescribed. Drink only water. Cash and check only, no credit cards accepted.



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(907) 714-4404 • 250 Hospital Place, Soldotna, AK 99669  [www.cpgb.org](http://www.cpgb.org)

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