

Our Lady of Perpetual Help

Catholic Community

All Saints Day, November 8, 2009

Served by the Missionary Oblates of Mary
Immaculate

222 West Redoubt Avenue Soldotna, AK

Office Phone: 262-4749

Office Hour 9am-3pm Tuesday-Fridays, beginning November 2 —
Closed on Mondays

Parish Hall Phone: 262-5542

Web Site: - www.olph.cc

E-mail: olph@alaska.net

PARISH MISSION STATEMENT:

*We, the faith community,
accept the call of God to
participate in the mission of
Jesus Christ by
Proclaiming the Gospel
and living the reign of
God among us as disciples.*

		<u>Phone</u>	<u>E-mail</u>
Marlys Verba	Parish Director	262-5542/262-4749 option 4 Home Phone: 262-8830	marlys.verba@gmail.com
Fr. Roger Bergkamp	Pastor	262-4749, Option 3	
Fr. Andrew	Pastor	262-4749, Option 3	andyomi@gmail.com
Fr. Joe	Pastor	262-4749, Option 3	joejdowling@yahoo.com
Bro. Craig	Pastoral Associate	262-4749, Option 3	cbonham0817@gmail.com

SUNDAY LITURGY: Saturday 5pm, Sunday 9am and 11:30am

HOLYDAY MASS SCHEDULE: Noon and 7pm (see bulletin)

WEEKDAY Mass Schedule: Tuesday through Friday, 12:05pm (beginning November 9, there will
NOT be a Mass on Mondays)

Sacrament of Reconciliation: **Thursday 12:45pm — beginning November 12**
Saturday 4:00 – 4:45pm

Adoration of Blessed Sacrament: Thursdays 12:30pm — Fridays Noon

Sacrament of Anointing of Sick: Available during the Sunday masses, or as needed.

Sacrament of Baptism: for children – Parents Prep class required. Call Marlys for reservations.
Best done prior to birth.
for adults – Contact the office about RCIA

Sacrament of Marriage: 6 month process (several classes and FOCUS Test and/or Engaged
Encounter, or Couple to Couple...contact a priest.

Funerals: contact parish office immediately after the death

Prayer Chain: pjham@att.net, Pat Hamilton 262-5250

Sexual Abuse Victim Assistance Coordinator: Marlys Verba

Please Note: Submissions/articles for the weekly
bulletin via email must be in by Thursdays at noon to
Marlys: marlys.verba@gmail.com and you may send a
copy to: csponsel@acsalaska.net

“In Teaching Us Charity”

Today’s liturgy reveals some important facts about the poor.

- 1) The poor are blessed because they have a greater recognition of their need for God. The two widows in the readings give up everything, totally trusting in the goodness of the Lord.
- 2) The poor are therefore more generous than others. Jesus made it very clear that this poor widow contributed more than all the others who donated to the treasury. Recent studies in the United States reveal the same phenomenon: relative to their resources, lower income people are the most generous.
- 3) The poor may or may not have society on their side, but there is no doubt where God stands: The Lord secures justice for the oppressed, gives food to the hungry, sets captives free, gives sight to the blind, raises up those that were bowed down, protects strangers, and sustains the fatherless and the widow.

Those among us who are not poor receive the challenge to be poor in spirit. We pray at the start of this liturgy for freedom of spirit ... so that we may more willingly give our lives in service to all.

“In teaching us charity, the Gospel instructs us in the preferential respect due to the poor and the special situation they have in society: the more fortunate should renounce some of their rights so as to place their goods more generously at the service of others.”

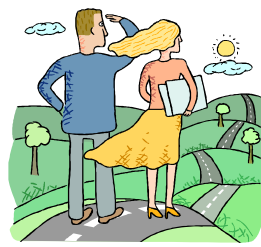
Pope Paul VI, Octogesima Adveniens (1971) 23

November Teen Night— November 15 @ NOLA in Kenai *All are invited to attend this Mass.*
Mass at 4:00pm — Teen Event to follow
Thanksgiving Banquet and Thanksgiving Basket Preparation
\$5.00 per teen

This is a fun event along with a service project. Remember we are here to serve and this is an important part of our ministry.

PERMISSION SLIPS MUST BE SIGNED AND TURNED IN BY NOVEMBER 8 AFTER THE 11:30 MASS! This is a new rule and your permission slip must be turned in to participate. No exceptions.

This year we will hold two bake sales to raise money for the support of the African Mission. The 1st will be on the week-end of Nov 18-19. The 2nd will be just before Christmas. This is a call to ALL you bakers to bring something homemade: cookies, cakes, pies, breads, jam or jellies, holiday foods--whatever you decide to donate. Your support will help all those at the orphanage in Mukuru, Kenya.



A LOOK AHEAD:

Yearly gathering for ministries of lectors/Eucharistic ministries is scheduled for Saturday November 14 10am-1pm. Invitations with specific info is being sent out.

PLEASE KEEP THE DATE FREE.

Adoration Opening - There is an opening for Eucharistic Adoration on Thursdays from 5pm until 6pm. If you would like to try this hour, please call **Maria** at 262-1703. Thanks!

Father Andy will host a gathering of all those doing the Total Consecration to Mary for discussion on Monday, November 9th at 7pm in the hall. Also, on Wednesday November 11 after noon Mass, please join us for further discussion on this topic in the foyer while we have lunch. We will provide the soup for the gathering.

Beginning Thursday, Nov. 12 the scheduled time for the Sacrament of Reconciliation on Thursdays will be from 12:45 - 1:15. Come receive God's healing and forgiveness.

A sign up sheet to pre-order your Christmas wreaths is on the table in the foyer. We expect them to be available right after Thanksgiving..

On Saturday, November 14th, the liturgy committee will sponsor a Gathering day for Eucharistic Ministers and Lectors in the church; Hospitality/Gathering will begin at 9:30am in the foyer of the church; Morning prayer will begin the session. Please bring a potluck dish to share for lunch; **Questions, Marlys 262-5542.**

The International Life and Mercy Crusade of Alaska is blessed with the presence of official relics, two full sized images, one of Our Lady of Guadalupe and one of Divine Mercy. These images are the relics of evangelization that will extend the graces of conversion, truth and healing. They will be present at our parish, briefly, on November 13, Friday after the noon Mass; A presentation will be given with time for veneration of the relics and recitation of the Chaplet of the Divine Mercy at 3pm. Because of the short notice, please let anyone know that would be interested in attending. **Questions, Marlys 262-5542**

Journey to Bethlehem 2009 begins November 1; What better way to truly prepare ourselves for the ongoing birth of Christ in our lives, than to commit to a deepening of our spiritual and physical wellbeing. Those interested sign up at the bulletin board or contact Jane for further info: cell 398-4524 or email: jfellman@alaska.net You will be contacted and given your materials.

Catholic Social Services is co-hosting an adoption fair on November 21, 2009 from 2-4 pm in the Denali Room at Central Peninsula Hospital as part of National Adoption Month. Anyone interested in adoption is welcome to attend. Adoptive families and professionals will be available to answer your questions about the adoption process and forming your family through both domestic and international adoption. **Call Bobbi Oneill or Arika Jensen at 283-3136, Office of Childrens Services, for more information.**

Those who received information on the Safe Environment Training: please revise the website access to: <http://safeandsacred-anchorage.org> IF the www.archdioceseofanchorage.org doesn't work for you. Another info meeting on Safe Environment will be on November 14 & 15 after all Masses.

WORLD YOUTH DAY 2011 - MADRID, SPAIN High schoolers, college students, and young adults - come to an informational meeting on Sunday, November 22, after the 11:30 mass to check out the possibility of attending the next World Youth Day in Madrid, Spain, summer of 2011. We are planning on taking a group from the Kenai Peninsula and you could be part of it. Registration information will be available and all your questions will be answered. If you are unable to attend but are interested please call Tonilyn or Remy Spring at 262-8478, Rose Henry at 262-2240 or see Father Joe. Hasta la vista baby!

Tom Looking for a place to rent:
November 9, 2009—November 9, 2010
1-bedroom, furnished/unfurnished
\$500/w utilities included
Contact Dee Gaddis — 252-7443

Calendar for November 9, 2009 — November 15, 2009, with Daily Readings

November 9, Monday: No Mass	November 10, Tuesday: Noon Mass	November 11, Wednesday: Noon Mass	November 12, Thursday: Noon Mass	November 13, Friday: Noon Mass	November 14, Saturday: 5pm Mass	November 15, Sunday: 9:00am, 11:30am Masses
Morning prayer, 7:30am Teen Music practice, 7pm	Morning prayer, 7:30am	Morning prayer, 7:30am	Morning prayer, 7:30am Men's Group Breakfast 6:30am	Morning prayer, 7:30am	Reconciliation 4:00pm Music Practice 1-3pm	
Ezekiel 47:1-2, 8-9, 12 Psalm 46:2-3, 5-6, 8-9 1 Corinthians 3:9c-11, 16-17 John 2:13-22	Wisdom 2:23-3:9 Psalm 34:2-3, 16-17, 18-19 Luke 17:7-10	Wisdom 6:1-11 Psalm 82:3-4, 6-7 Luke 17:11-19	Wisdom 7:22b-8:1 Psalm 119:89 90, 91, 130, 135, 175 Luke 17:20-25	Wisdom 13:1-9 Psalm 19:2-3, 4-5ab Luke 17:26-37	Wisdom 18:14-16, 19:6-9 Psalm 105:2-3, 36-37, 42-43 Luke 18:1-8	Daniel 12:1-3 (158B) Psalm 16:5, 8, 9-10, 11 Hebrews 10:11-14, 18 Luke 21:36
Adoration of Blessed Sacrament: Thursday 12:30pm — Friday Noon						

Saturday November 14, 2009, 5:00pm

Eucharistic Ministers: Cheryl Hammarstrom, Steve Hammarstrom, Barbara Bonk, John Bonk, Bill Sadler

Lectors: 1st Reading: Charles Miller; 2nd Reading: Jackie Swanson

Altar Server:

Sunday, November 15, 2009, 9:00am

Eucharistic Ministers: Helen Knopp, Laurie Stropes, David Stropes, Meg Zerbinos, Alex Zerbinos

Lectors: 1st. Reading: Barb O'Lena; 2nd reading: Scott Earsley

Altar Server:

Sunday, November 15, 2009, 11:30am

Eucharistic Ministers: Mike Walker, Karen Evans, Connie Gatling, Marguerite McIntosh, Need Help

Lectors: 1st. Reading: Tamara Slone; 2nd reading: Kathy Walker

Altar Server:

Mop & Bucket 11/8 — 11/14: Ron Stanley Family **Collection Counters: 11/15:** Kathryn Dunagan, Cathy Haas

Revised, N1H1 (Swine) Flu Precautions:

The beginning of the school year brings continued warnings from the Center for Disease Control and Prevention about the possibility of a pandemic arising from an increase in the N1H1 flu virus. New cases are being reported daily in our state and some deaths have been reported as a result of the virus.

With the spread of this flu, I believe it is prudent that the Archdiocese of Anchorage, after consulting with local medical experts, and following the lead of the United States Conference of Catholic Bishops, issue these regulations. You are strongly encouraged to follow these practices effective immediately and inform your congregations about them to prevent the spread of the influenza/swine flu.

- Extraordinary Ministers of the Eucharist, Presiders and Deacons should use an alcohol based hand gel just prior to distributing Holy Communion.
 - Provide hand sanitizing stations at each entrance to the church.
 - Suspend the handshake of peace. We will bow to each other at the Sign of Peace.
 - Suspend holding of hands during the Lord's Prayer.
 - Reception of the Blessed Sacrament on the hand is the best way to reduce the possibility of flu virus transmission.
 - Distribution of the precious blood from a common cup is optional, intinction (dipping the host into the Precious Blood) is not an option. If you feel ill, or have a family member who is ill within your household or if you have a compromised immune system you should refrain from receiving the precious blood from the common cup.
 - While scientific evidence is inconclusive at this point, health professionals are recommending taking precautions when using holy water. Water from the fonts should not be ingested, nor should it enter the body via the eyes or nose. Holy water should be changed frequently.
 - The Center for Disease Control reminds people to practice respiratory etiquette; cover your mouth and nose when you sneeze or cough—into your sleeve NOT your hand. Wash hands frequently with soap and water, scrubbing for at least 30 seconds. Avoid transmission of mucus or bodily fluids if you suspect you may be infected, refrain from shaking hands, refrain from sharing a communion cup, and above all, if you feel sick, do not come to places where you might infect others.

If you are in any way ill or suspect that you might be experiencing any infectious disease, you are not obligated to attend Sunday Mass. The CDC recommends that people with influenza like symptoms remain at home until at least 24 hours after they are free of fever (100 F—37.8 C), or signs of a fever without the use of fever reducing medications. Normally this occurs 3-5 days after initial symptoms. Stay at home until you feel healthy, Missing Mass due to illness is not sinful and is a prudent decision. The virtue of charity, which encourages us to care for our brothers and sisters, would demand that we do what is in our power to prevent others from becoming ill. This is specifically the case when others who might not have the flu but may be medically fragile are present. It is a sign of respect to refrain from attending Mass or, in fact, doing anything that might put others at risk if one is sick.

I urge all of us to continue our prayers for the speedy recovery of those suffering from this virus. The United States Conference of Catholic Bishops has more information on their website www.usccb.org/liturgy.

These practices will remain in effect until further notice.

Teens: The Kenai Peninsula's Hungry Need Your Help

Last year the Teen Thanksgiving Food Drive collected more than 1600 pounds of food. The Kenai Peninsula Food Bank needs our help this year more than ever; in 2009 their new client base has **increased by 40%**. That's a lot of hungry mouths to feed, but if Jesus can do it with a few loaves of bread and a few fish, we can do it with an army of dedicated teens and the Holy Spirit!

We will post fliers around town on Saturday November 7th from 2-4pm and then collect around town and weigh in the food at the Kenai Peninsula Food Bank on Saturday, Nov. 14th from 2-5 p.m. Help with either or both Saturdays is appreciated! A sign up sheet is posted at the Teen Ministry bulletin board.

Parents: We need drivers! Please sign up along with your teen.

Parishioners: If your home doesn't receive a flier and you would like to bring your donation directly to the church, please drop it off in the foyer near the Teen Ministry bulletin board before 2 p.m. on November 14th.

For more information, please contact **Ruthann Truesdell at 262-4570 or Jen Ransom at 260-1678**. Remember, with one pound of food at a time we can feed the world!

Our Christmas Military Care Packages

Ministry collection begins this weekend and will continue through November 29 with mailing of all packages by November 30. Please add names and addresses of men and women serving in the military in Iraq, Kuwait or Afghanistan on the lists provided on either the bulletin board or the military table in the church foyer. *Include the name and phone number of the person submitting the name for contact purposes.*

Please bring items to include in the care packages: cards; letters from home, socks, razors, razor blades, shaving cream, small pkgs. wipes, small pkgs. food-canned salmon, trail mix, beef jerky, nuts, AA batteries, current magazines, new paperback books, hard candies, holy cards, prayer cards, religious pamphlets. Monetary donations are welcome—we can do your shopping for you or apply to postage.

Thank you very much for your contributions to this ministry. Last year we mailed 30 boxes to Iraq and Afghanistan that were shared with numerous platoons and warmly received by all. It makes a big difference in the moral of our troops serving overseas to know we are thinking of them and praying for them back home.

Karen Evans 260-3637 or 776-6413 or Marlys 262-4749 ext.4.