

Our Lady of Perpetual Help

Catholic Community

First Sunday of Advent, November 29, 2009

Served by the Missionary Oblates of Mary
Immaculate

222 West Redoubt Avenue Soldotna, AK

Office Phone: 262-4749

Office Hour 9am-3pm Tuesday-Fridays, beginning November 2 —
Closed on Mondays

Parish Hall Phone: 262-5542

Web Site: - www.olph.cc

E-mail: olph@alaska.net

PARISH MISSION STATEMENT:

*We, the faith community,
accept the call of God to
participate in the mission of
Jesus Christ by
Proclaiming the Gospel
and living the reign of
God among us as disciples.*

	<u>Phone</u>	<u>E-mail</u>
Marlys Verba Parish Director	262-5542/262-4749 option 4 Home Phone: 262-8830	marlys.verba@gmail.com
Fr. Roger Bergkamp Pastor	262-4749, Option 3	
Fr. Andrew Pastor	262-4749, Option 3	andyomi@gmail.com
Fr. Joe Pastor	262-4749, Option 3	joejdowling@yahoo.com
Bro. Craig Pastoral Associate	262-4749, Option 3	cbonham0817@gmail.com

SUNDAY LITURGY: Saturday 5pm, Sunday 9am and 11:30am

HOLYDAY MASS SCHEDULE: Noon and 7pm (see bulletin)

WEEKDAY Mass Schedule: Tuesday through Friday, 12:05pm

Sacrament of Reconciliation: Thursday 12:45pm — Saturday 4:00 – 4:45pm

Adoration of Blessed Sacrament: Thursdays 12:30pm — Fridays Noon

Sacrament of Anointing of Sick: Available during the Sunday masses, or as needed.

Sacrament of Baptism: for children – Parents Prep class required. Call Marlys for reservations.

Best done prior to birth.

for adults – Contact the office about RCIA

Sacrament of Marriage: 6 month process (several classes and FOCUS Test and/or Engaged Encounter, or Couple to Couple...contact a priest.

Funerals: contact parish office immediately after the death

Prayer Chain: pjham@att.net, Pat Hamilton 262-5250

Sexual Abuse Victim Assistance Coordinator: Marlys Verba

Please Note: Submissions/articles for the weekly bulletin via email must be in by Thursdays at noon to Marlys: marlys.verba@gmail.com and you may send a copy to: csponsel@acsalaska.net

Wake Up Call

Why do we have Advent?

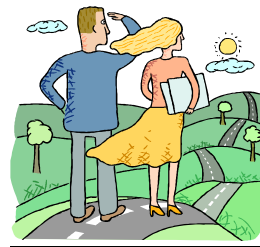
“I don’t know, it always just comes along,” or, “I don’t know, no one ever told me.” I have heard these questions and others a number of times. Especially this one: if Christ has already been born, what is this Advent waiting about? Have we forgotten about his birthing?

Strangely that is part of the answer. It has to do with his birth into our hearts each year.

Our hearts are drowsy and forgetful, tired out by the anxieties of daily life. Maybe we distract ourselves from our troubles by working very hard, or becoming depressed, or becoming fascinated with (you name yours) drink, or sex, or out-of-control emotions, or gambling, or email, or golf, or surfing the web, or pride, or, or, or. Whatever it is for you, the very clear message of Advent is, “Settle down for a while.” Open the door just a crack to let God in.

Welcome to Advent.

Fr. John Foley, S. J. of the Center for Liturgy



A LOOK AHEAD:

Generations of Faith

will meet for the next event on Sunday, December 13 with the Sacrament of Anointing of the Sick being the topic; please RSVP for planning purposes, particularly the childcare.

Music Ministry reflection retreat with Father Andy; all music ministry people invited, 1-3pm at the Church on Saturday, December 5.

**EVENING VESPERS/HOLY HOUR
ESPECIALLY FOR THE
RECONCILIATION/HEALING WITHIN
OUR PARISH FAMILY IS FROM 8-10PM ON
FRIDAY, DECEMBER 4; PLEASE JOIN US
DURING THIS SEASON OF ADVENT AS WE
WAIT FOR THE COMING OF OUR LORD
AND PREPARE OURSELVES FOR HIS
COMING, WITH PEACE AND
RECONCILIATION IN OUR HEARTS.**

Tuesday December 1: Total Consecration To Jesus presentation by Father Andy both after noon Mass and 7pm at the hall.

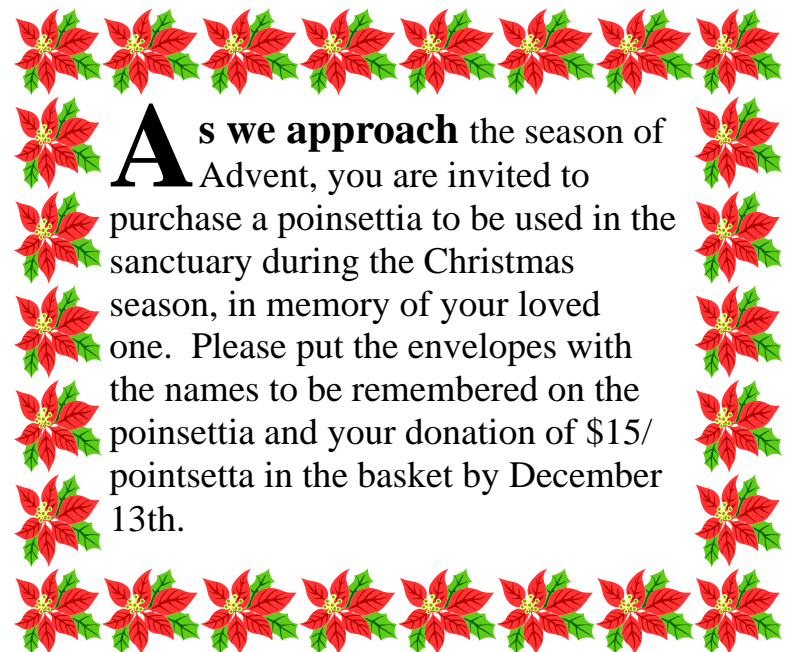
The signup sheet for the Christmas Eve/Christmas liturgies is posted on the bulletin board. Please fill in at ONE liturgy that you will be to able to help at by December 20th.

I Am Silent ... and Expectant

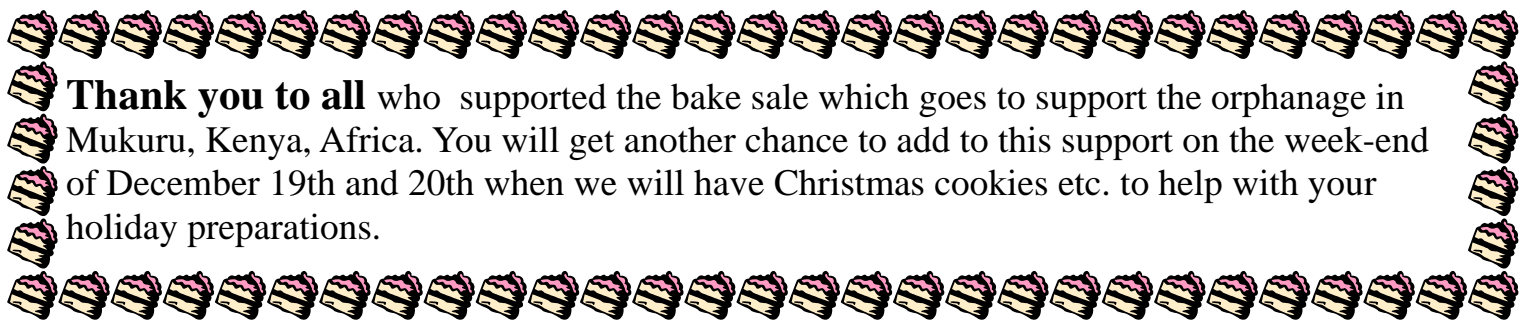
How silently,
how silently
the wondrous gift is given.

I would be silent now,
Lord,
and expectant...
that I may receive
the gift I need,
so I may become
the gifts others need.

(Ted Loder)



As we approach the season of Advent, you are invited to purchase a poinsettia to be used in the sanctuary during the Christmas season, in memory of your loved one. Please put the envelopes with the names to be remembered on the poinsettia and your donation of \$15/pointsetta in the basket by December 13th.



Thank you to all who supported the bake sale which goes to support the orphanage in Mukuru, Kenya, Africa. You will get another chance to add to this support on the week-end of December 19th and 20th when we will have Christmas cookies etc. to help with your holiday preparations.

The First annual Mass of Remembrance will be on **Wednesday, December 2 at 7pm**; Everyone who has lost a loved one is invited to come and remember and pray for them; In particular those who have lost loved ones within the last few years are invited to come together to celebrate the Eucharist; Celebrating the Eucharist together is a powerful step in the healing process of grief and loss. The quilt backing you have observed in the foyer is for you to put the names of your loved ones on so they may be remembered specifically at the Mass of Remembrance on December 2.

Any questions please contact Marlys.

Calendar for November 30, 2009 – December 6, 2009, with Daily Readings

November 30, Monday: No Mass Morning prayer, 7:30am	December 1, Tuesday: Noon Mass Morning prayer, 7:30am Total Consecration to Jesus after noon Mass and 7pm	December 2, Wednesday: Noon Mass Morning prayer, 7:30am Mass of Remembrance, 7pm	December 3, Thursday: 10am Mass Morning prayer, 7:30am Men's Group Breakfast 6:30am	December 4, Friday: Noon Mass Morning prayer, 7:30am Vespers/Holy Hour, 8-10pm	December 5, Saturday: 5pm Mass Reconciliation 4:00pm Music Retreat, 1-3pm	December 6, Sunday: 9:00am, 11:30am Masses Bible Time Line after 11:30 Mass, in the Hall
Romans 10:9-18 Psalm 19:8, 9, 10, 11 Matthew 4:18-19	Isaiah 11:1-10 Psalm 72:1-2, 7-8, 12-13, 17 Luke 10:21-24	Isaiah 25:6-10a Psalm 23:1-3a, 3b-4, 5, 6 Matthew 15:29-37	Isaiah 26:1-6 Psalm 118:1&8-9, 19-21, 25-27a Matthew 7:21, 24-27	Isaiah 29:17-24 Psalm 27:1, 4, 13-14 Matthew 9:27-31	Isaiah 30:19-21, 23-26 Psalm 147:1-2, 3-4, 5-6 Matthew 9:35-10:1, 5a, 6-8	Baruch 5:1-9(6c) Psalm 126:1-2, 2-3, 4-5, 6 Philippians 1:4-6, 8-11 Luke 3:1-6

Adoration of Blessed Sacrament:
Thursday 12:30pm — Friday Noon

Saturday December 5, 2009, 5:00pm

Eucharistic Ministers: Sue Dukowitz, Rick Dukowitz

Lectors: 1st Reading; Dave Nelson; 2^{ns} Reading: Charles Miller

Altar Server:

Sunday, December 6, 2009, 9:00am

Eucharistic Ministers: Bob Evenson, Sonja Foulty, Ron O'Lena, Alyson Stogsdill, Jim Stogsdill

Lectors: 1st. Reading: Kathleen Evenson; 2^{ns} reading: Lauri Kapp

Altar Server:

Sunday, December 6, 2009, 11:30am

Eucharistic Ministers: Lucy Katzenberger, Mike Walker, Shirley Aleckson, Karen Evans, Marguerite McIntosh

Lectors: 1st. Reading: Kathy Walker; 2^{ns} reading: Scott Earsley

Altar Server:

Mop & Bucket 11/30 — 12/5: Jackie Swanson Family **Collection Counters: 12/6:** Paul & Joyce Fischer

Our Christmas Military Care Packages Ministry collection ends this weekend Nov. 29th after the 11:30am Mass. We will assemble packages from 3-5pm on the Nov. 29th in the hall (please join us) with mailing of all packages Monday November 30th. We are still accepting items, monetary donations and names and addresses of men and women serving in the military in Iraq or Afghanistan on the military table in the church foyer.

The items needed are white crew socks with heels, razors, razor blades, small pkgs wipes, small pkgs canned salmon, trail mix, beef jerky, nuts, AA batteries, current magazines, Christmas candies, holy cards, prayer cards, religious pamphlets.

If you would like to volunteer to help with the packages, please sign the sheet and mark as volunteer. Please pray for our military.

Karen Evans 260-3637 or 776-6413 or Marlys 262-4749 ext. 4.

It's that time of the year again for the Salvation Bell Ringing. We as a parish for the last several years have volunteered to ring the bells at Fred Meyers at two entrances for two days. This year the opportunity is available on Saturday, December 19 and Tuesday December 22 — please consider participating as a family, with your Confirmation sponsor, with your grandchildren or by yourself as a way to help others in our community. The sign up sheet is available on the bulletin board in the foyer. More info, see Scott Earsley.

PREPARE yourselves
for the
Lord's Coming

A DVENT SOCK DRIVE — I was naked, and you clothed me.—Matthew 25:36



This Advent, consider adding to your shopping cart a few pair of warm socks for the Brother Francis Shelter. A pair per week, or per day if you can, will help clothe our brothers and sisters who are homeless this winter. A Sock Drive Box will be set up in the foyer throughout the Advent season, please drop off as many new, warm socks as you can — Let's fill the box! The socks will be taken to the BFS in January during a Foot Care Clinic. For more information, contact **Jen Ransom at 260-1678 or Ruthann Truesdell at 262-4570.**

We have been asked as a parish to donate funds for the prison ministry to provide Christmas gifts for the inmates at Wildwood. If you would like to donate to this cause, please make your check out to Alaska Correctional Ministries/or cash into the basket on the foyer table marked PRISON MINISTRIES/ CHRISTMAS. Questions, Marlys 262-8830. Place your donations by December 1.

BIBLE STUDY "Bible Timeline" News: Next session (No.22) of Old Testament Sun. Nov 29 after 11:30 am. Mass. There are no sessions planned in Dec. Starting in Jan.2010, 3 sessions planned. Jan. 17 and 24 will complete the O.T. with sessions 23 and 24. NEW TESTAMENT starts Jan. 31. Sign ups will begin Jan. 3 for Gospel of ST. Mathew. A limited number of workbooks should be available by then. To reserve your copy, **Call JoAnn Biegel 262-2444.**