

# Our Lady of Perpetual Help

## Catholic Community

Sixteenth Sunday in Ordinary Time, July 19, 2009

Served by the Missionary Oblates of Mary Immaculate

**222 West Redoubt Avenue Soldotna, AK**

Office Phone: 262-4749

Parish Hall Phone: 262-5542

Web Site: - [www.olph.cc](http://www.olph.cc)

E-mail: [olph@alaska.net](mailto:olph@alaska.net)

		<u>Phone</u>	<u>E-mail</u>
Marlys Verba	Parish Director	262-5542/262-4749 option 4 Home Phone: 262-8830	<a href="mailto:marlys.verba@gmail.com">marlys.verba@gmail.com</a>
Fr. Roger Berkamp	Pastor	262-4749, Option 3	
Fr. Andrew	Pastor	262-4749, Option 3	<a href="mailto:andyomi@gmail.com">andyomi@gmail.com</a>
Fr. Joe	Pastor	262-4749, Option 3	<a href="mailto:joejdowling@yahoo.com">joejdowling@yahoo.com</a>
Bro. Craig	Pastoral Associate	262-4749, Option 3	<a href="mailto:cbonham081@gmail.com">cbonham081@gmail.com</a>

**SUNDAY LITURGY:** Saturday 5pm, Sunday 9am and 11:30am, Sunday 5pm, until August 31

**WEEKDAY LITURGY:** Monday through Friday, 12:05pm

**Sacrament of Reconciliation:** Thursday 11:00 – 11:45am  
Saturday 4:00 – 4:45pm

**Sacrament of Anointing of Sick:** Available during the Sunday masses, or as needed.

**Sacrament of Baptism:** for children – Parents Prep class required. Call Marlys for reservations.  
Best done prior to birth.  
for adults – Contact the office about RCIA

**Sacrament of Marriage:** 6 month process (several classes and FOCUS Test and/or Engaged Encounter, or Couple to Couple...contact a priest.

**Pastoral Council:** meets the 3<sup>rd</sup> Thursday of each month (usually)

**Prayer Chain:** [pjham@att.net](mailto:pjham@att.net), Pat Hamilton 262-5250

**Sexual Abuse Victim Assistance Coordinator:** Marlys Verba

Please Note: Submissions/articles for the weekly bulletin via email must be in by Thursdays at noon to Marlys: [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com) and you may send a copy to: [csponsel@acsalaska.net](mailto:csponsel@acsalaska.net)

## True Freedom

In this weekend's Gospel (Mark 6: 30-34), we have Jesus encouraging the apostles to get away from it all and in that attempt to relax and rest your batteries, but some people in need of help follow Jesus and His apostles. Jesus drops everything and start helping those individuals in need!

Is Jesus calling us to not relax and become a workaholics? No, Jesus is not doing that. Jesus wants us all to relax and take care of ourselves, but as the story in Mark demonstrates, we have to also be ready to shoulder our responsibilities too. We are called to be **truly free** to rest, and when the time comes, we need to be **truly free** to sacrifice our self-seeking ways and be open to serve Jesus, especially in those who are most in need.

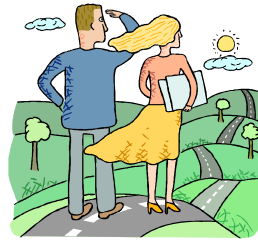
I have lived with a number of Missionary Oblates of Mary Immaculate and some of them would see this gospel passage in Mark to serve as a way to justify their workaholic ways. This workaholism develops when a missionary does not have good enough boundaries between the people he serves and his life. They carry along in their minds that only they can do the job correctly, but it is really a lack of trust in others and is a gospel of a narcissist and not the Gospel of Jesus Christ.

We are called to trust in God, trust Jesus and to trust others and that God can and will work through others as equally as God can work through and with you. When we rely only on ourselves, we become like those self-seeking and destructive shepherds in Jeremiah 23: 1-6. These bad shepherds used the people in need for their own benefits and their positions of authority given by God to glorify only themselves!

We are called to take care of ourselves and others in the in such a way that we can give God the credit and the glory. We are invited to treat others as we, ourselves, would like to be treated. We need our time to relax, so when we are called upon to help others, we can! There is no credit in running ourselves ragged in attempting to answer every need, because in the long run, we will not be able to answer anyone's needs including our own. We will be just burned out just like all those trees in all the wildfires in Alaska.

I do not know about you, but I always get in trouble when I start thinking that is **MY** will be done and not **God's Will** be done. So relax everyone! God is in charge! Now that is True Freedom!

Enjoy the week and rest!  
Fr. Andy OMI

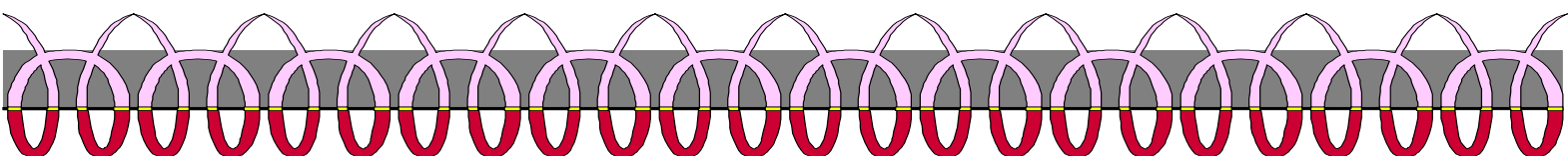


## A LOOK AHEAD:

**Vocalists are needed** for 5pm evening Sunday Mass; please come at 4pm for practice before Mass or call Mark or Maryna Conway—262-2200 for more info. Thank you.

## ADORATION OPENING

Have some extra time? Grateful for something? Need some help? Why not spend one hour with our Lord? There is an opening from 7pm until 8pm on Thursdays for Eucharistic Adoration. Please call **Maria @ 262-1703** if you would like to try this time.



If you have asked to receive the weekly bulletin via email, but haven't been getting it, please check your webmail — I've been getting several rejected addresses each week due to "full inbox" — and also several of unknown address. You may verify your email address by sending an email request to:  
[csponse1@acsalaska.net](mailto:csponse1@acsalaska.net)



### Calendar for July 20, 2009 — July 26, 2009, with Daily Readings

<b>July 20, Monday: Noon Mass</b> Morning prayer, 7:30am	<b>July 21, Tuesday: Noon Mass</b> Morning prayer, 7:30am	<b>July 22, Wednesday: Noon Mass</b> Morning prayer, 7:30am	<b>July 23, Thursday: Noon Mass</b> Morning prayer, 7:30am <b>Eucharistic Adoration starts after noon service</b> Men's Group Breakfast 6:30am	<b>July 24, Friday: Noon Mass</b> Morning prayer, 7:30am <b>Eucharistic Adoration ends before noon service</b>	<b>July 25, Saturday: 5pm Mass</b> Reconciliation 4:00pm	<b>July 26, Sunday: 9:00am, 11:30am and 5:00pm Masses</b>
Exodus 14:5-18 Exodus 15:1bc-2, 3-4, 5-6 Matthew 12:38-42	Exodus 14:21-15:1 Exodus 15:8-9, 1- & 12, 17 Matthew 12:46-50	Exodus 16:1-5, 9-15 Psalm 78:18-19, 23-24, 25-26, 27-28 John 20:1-2, 11-18	Exodus 19:1-2, 9-11, 16-20b Daniel 3:42, 53, 54, 55, 56 Matthew 13:10-17	Exodus 20:1-17 Psalm 19:8, 9, 10, 11 Matthew 13:18-23	2 Corinthians 4:7-15 Psalm 126:1bc-2ab, 2cd-3, 4-5, 6 Matthew 20:20-28	2 Kings 4:42-44 Psalm 145:10-11, 15-16, 17-18 Ephesians 4:1-6 John 6:1-15

#### Saturday, July 25, 2009, 5:00pm

**Eucharistic Ministers:** Bob Ermold, Kathy Bongiovanni, Carm Bongiovanni, Cheryl Hammarstrom, Steve Hammarstrom

**Lectors:** 1<sup>st</sup> Reading: Christine Ermold; 2<sup>nd</sup> Reading: Carolyn Cannava

**Altar Server:** Grey Hansen

#### Sunday, July 26, 2009, 9:00am

**Eucharistic Ministers:** John Pothast, Gloria Sweeney, Mike Sweeney, Tim Agosti, Thelma Antila

**Lectors:** 1<sup>st</sup> Reading: Sheilah-Margaret Pothast; 2<sup>nd</sup> reading: Lauri Kapp

**Altar Server:** Nathan O'Lena

#### Sunday, July 26, 2009, 11:30am

**Eucharistic Ministers:** Diane Garske, Shirley Aleckson, Lucy Katzenberger, Cindy Kircher, Kate Forrest

**Lectors:** 1<sup>st</sup> Reading: Karl Kircher; 2<sup>nd</sup> reading: Dave Carey

**Altar Server:** Robert Johnson

**Mop & Bucket 7/20 — 7/25:** Anthony Navarro Family **Collection Counters: 7/26:** Lynn & Gene Friendshuh



## Is Medjugorje calling you?

Medjugorje ("between the hills") has become well known in Bosnia-Herzegovina, and the world, because of six young people who claim to have seen visions of the Madonna. Beginning on June 24, 1981, the Blessed Mother appeared to, and later told the visionaries God set her to our world to help us convert our hearts and lives back to Him. Our Lady's call is one of Peace, Love, Faith, Conversion, Prayer, and Fasting. We are each challenged to answer Our Lady's call to change our lives, and hearts back to God.

The visionaries in Medjugorje tell us that no one goes to Medjugorje by accident. We are called individually by Our Lady. What an awesome thought! If you feel called to go to Medjugorje then answer Our Lady's invitation! Traveling to Medjugorje is truly a life changing experience!

For informing on joining our pilgrimage to Medjugorje, please call or email for more information. Ed Harper, Phone 567-4487, email: [erhjn@alaska.net](mailto:erhjn@alaska.net)

Date of pilgrimage: November 5 to November 13, 2009.  
Confirmation needs to be done soon, space is limited!

---

**A**s we continue to support the Year of the Priest, we would like to encourage all to pray for their chosen priest or priests by joining in a monthly intention. This month we suggest the virtue of humility. Pope Benedict chose the Cure of Ars as the model for priest and spoke of this saint's great virtue of humility. Please join us in this month's intention to pray for the virtue of humility in our priests and Archbishop. **Questions please call Joann Biegel at 262-2444.**

---

**T**een Hike with Youth from Anchorage and Seward.

**Sunday July 19<sup>th</sup>**

**Resurrection Trail to Juneau Falls**

**Mass and BBQ following at John Newman Church in Cooper Landing**

**Meet at O'Neill Hall at 9:45am**

**Drivers / Transportation / Chaperones NEEDED !**

Youth will need to bring a sack lunch/drink for the hike. Teens will also need to fill out the necessary permission forms to go, these will be by the Teen Bulletin Board.

Hamburgers and the brats will be provided by Anchorage, we need to help out with chips, side dishes and desserts. If you can help out in any way please call us or email us:

**Adam or Elise Bell 262-4956 [elisethompson@yahoo.com](mailto:elisethompson@yahoo.com)**

## Year of the Priest 2009-2010

This year in the Church, we are celebrating the "Year of the Priest" and we are asked to focus on the Patron Saint of Parish Priests, who is St. John Vianney often called the Cure of Ars.

He was famous for his dedication to the Christ and the people, whom he served and was the champion of champions in the confessional. Plus he would give sermons that would challenge the heck out of the people.

Just look at one of his sermons taken from [www.theworkofgod.org](http://www.theworkofgod.org)

### **THE WORLD IS EVERYTHING AND GOD IS NOTHING!**

by St. John Vianney

**If people would do for god what they do for the world, my dear people, what a great number of Christians would go to Heaven! But if you, dear children, had to pass three or four hours praying in a church, as you pass them at a dance or in a cabaret, how heavily the time would press upon you! If you had to go to a great many different places in order to hear a sermon, as you go for your pastimes or to satisfy your avarice and greed, what pretexts there would be, and how many detours would be taken to avoid going at all. But nothing is too much trouble when done for the world. What is more, people are not afraid of losing either God or their souls or Heaven. With what good reason did Jesus Christ, my dear people, say that the children of this world are more zealous in serving their master, the world, than the children of light are in serving theirs, who is God. To our shame, we must admit that people fear neither expense, nor even going into debt, when it is a matter of satisfying their pleasures, but if some poor person asks them for help, they have nothing at all. This is true of so many: they have everything for the world and nothing at all for God because to them, the world is everything and God is nothing.**

How that is a sermon and a half! The one thing that St. John Vianney desired from his people is a real conversion! Not some halfhearted attempt, but a complete one of one's heart and mind!

Are you ready to rumble your heart for Christ!?!?!? And truly be converted!? If so, then we need to take a closer look at St. John Vianney, because he just like St. Eugene De Mazenod (Founder of the Missionary Oblates of Mary Immaculate) are all about conversion of the complete person for Jesus Christ!

This is not your safe lukewarm Christianity here! Just want you to know about a little about the person on whom the Year of the Priest is based on!

Are you READY!?!?!?!?! (I hope I am!) Blessings to you all!  
Fr. Andy OMI