

Our Lady of Perpetual Help

Catholic Community

Third Sunday in Ordinary Time, January 25, 2009

Served by the Missionary Oblates of Mary Immaculate

222 West Redoubt Avenue Soldotna, AK

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		<u>Phone</u>	<u>E-mail</u>
Marlys Verba	Parish Director	262-5542/262-4749 option 4 Home Phone: 262-8830	marlys.verba@gci.net
Fr. Tony Dummer	Priest Moderator	262-4749, Option 3	tonyomi@ptialaska.net
Fr. Andrew	Pastor	262-4749, Option 3	andyomi@gmail.com
Fr. Joe	Pastor	262-4749, Option 3	joejdowling@yahoo.com
Bro. Craig	Pastoral Associate	262-4749, Option 3	cbonham081@gmail.com

SUNDAY LITURGY: Saturday 5pm, Sunday 9am and 11:30am
First Sunday of month, Youth Ministry 5pm

WEEKDAY LITURGY: Monday through Friday, 12:05pm

Sacrament of Reconciliation: Thursday 11:00 – 11:45am
Saturday 4:00 – 4:45pm

Sacrament of Anointing of Sick: Available during the Sunday masses, or as needed.

Sacrament of Baptism: for children – Parents Prep class required. Call Marlys for reservations.
Best done prior to birth.
for adults – Contact the office about RCIA

Sacrament of Marriage: 6 month process (several classes and FOCUS Test and/or Engaged Encounter, or Couple to Couple...contact a priest.

Pastoral Council: meets the 3rd Thursday of each month (usually)

Prayer Chain: pjham@att.net, Pat Hamilton 262-5250

Sexual Abuse Victim Assistance Coordinator: Marlys Verba

Please Note: Submissions/articles for the weekly bulletin via email must be in by Thursdays at noon to Marlys: marlys.verba@gci.net and you may send a copy to: csponcel@acsalaska.net

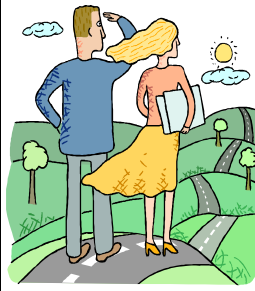
New Year, New Possibilities

Go on a diet, go to the gym, drink less alcohol, study more, spend more time with the family, stop smoking, and watch less TV are some of the new year resolutions that many of us might make. Yet, we know from personal experience, or that of others, that after a few weeks or months, those resolutions are no longer carried out. Nevertheless, we decide to make those promises once again the following year, and the year after that one. There might be people that think that it is not worth making those resolutions because most people don't stick with them. But the truth is that, even though we know that is the case, we do have the hope and desire to better our lives, to change them and to grow in the process. And we know that, if we keep on trying, someday we will achieve our objective.

To be Christian means that we must do our best to make our lives reflect Christ in all its aspects. It means to be people of justice and peace, who do not judge others, who share what we have (whether it is a little or a lot), who protect the weak and marginalized, who denounce injustice, who do not sin, and who let only love guide us. These, and many other aspects of being a disciple of Jesus, are not easy things to do. Some of the values that society treasures, the many temptations we face and the difficult situations that life presents us, can disorient us, taking us away from the way of Jesus and leading us to sin.

The fact that we might not always be able to live our baptismal promises, and that we might move away from God because of sin, does not mean that we must stop trying to live our lives the best possible way, as Christ wants us to. This New Year that is just beginning is a great opportunity for us to recommit once again to being faithful disciples of Jesus, not just in a theoretical way, but by consciously deciding to actively participate in Sunday Mass, dedicating time to personal prayer, volunteering to a different parish ministry than you had before, or working for or at a community organization, commit yourself to change your family relationship and work lives for the better, and being attentive to world issues and doing whatever we can to find resolution to those conflicts. There might be times when we will fail our own commitments, but we know that we can get up, receive God's forgiveness, and continue trying to be a better person each day, a better brother or sister to others, and better disciples of Jesus.

- *What are your New Year resolutions?*
- *What role does your faith play in your daily life?*
- *What concrete resolutions can you make in order to live a better life as a disciple of Jesus*



A LOOK AHEAD:

Safe Environment Training is scheduled for this coming Saturday, February 7th at 10am in the hall. This is a required yearly training for those in the following ministries at church: Youth ministry, choir, altar servers, faith formation, St. Vincent DePaul Society, Legion of Mary, parish health ministry. In addition, parents are invited, as well as teens to this presentation. It is necessary for any who will be volunteering in any of these areas for more than one or two times. **Questions: Marlys 262-5542.**

Strengthening Families, a free parenting program for families with children between the ages of 6 and 12, begins January 29 at the Soldotna United Methodist Church. Sponsored by Central Peninsula Hospital and the Community Action Coalition, the program includes a family meal and classes for adults and children, followed by a family activity. childcare is provided for younger children. For more information, call Janet Shapley at 262-7313.

Quilting for Oktoberfest — Join the Fun

When: Thursdays

Time: 10:00am to 3:00pm

Lunch Provided (yum)

Place: O'Neill Hall

We will again be working on wool quilts. Also our wool rug. We need willing workers — no experience necessary, everyone Welcome. If questions, call **Pat Murray at 262-7801.**

Tickets on Sale for the Valentine Dinner. After Mass for the next three weekends (1/23-24, 1/30-31, 2/7-8). Tickets are \$15 for individual and \$25 for couple. Please visit the table after Mass for more information or call **Heather Stockton 260-6581.**

We are still in need of items for the auction for the Valentine Dinner. If you have a service to offer or a tangible item to donate please call **Jen Ransom 260-1678.**

Everyone at OLPH and extended: I have been so blessed by all the prayers offered for us. As time has passed, great progress has been made. I have no more IV's and can eat by myself. I have three hours of therapy per day, seems slow but feel a big difference since the move to Providence Extended Care. **Love, Norm Daniels and family.**

A Wonderland Psalm

King David himself plucked a tune
 and sang a sentence that came from you
 "Be still and know that I am God."
 Be still, my soul, like the winter countryside
 which is wrapped in the white prayer shawl
 of silent snow fringed with icy threads.
 Sit still, O my body, like the icy lake
 frozen at attention, at rest yet awake.

Be still, my traveling mind,
 from your circular spiral dance
 constantly restless, ever on the move.
 Endlessly you journey on a quest
 roaming those roads of my selfland,
 visiting its like and dislikes,
 a Disneyworld of twisted discernings.
 Constantly I visit those sacred shrines
 of self-righteous beliefs
 and those numerous towers of fears.

Be still, my being,
 so that like Lewis Carroll's Alice,
 you just might, with love and grace,
 find that tiny, hidden, open window
 that leads to Wonderland.
 Be still so that I can discover ever so slowly,
 that God and you are the same,
 to know that in a winter-of-wonderlands
 who you God really are.

fr.tony.omi

Dec. 2006

Calendar for January 26, 2009 – February 1, 2009, with Daily Readings

January 26, Monday: Noon Mass Morning prayer, 7:30am	January 27, Tuesday: Noon Mass Morning prayer, 7:30am RCIA, 7pm	January 28, Wednesday: Noon Mass Morning prayer, 7:30am	January 29, Thursday: Noon Mass Morning prayer, 7:30am Eucharistic Adoration starts after noon service	January 30, Friday: Noon Mass Morning prayer, 7:30am Eucharistic Adoration ends before noon service	January 31, Saturday: 5pm Mass Reconciliation 4:00pm	February 1, Sunday: 9:00am, 11:30am Masses
2 Timothy 1:1-8 Psalm 96:1-2a, 2b-3, 7-81, 10 Mark 3:22-30	Hebrews 10:1-10 Psalm 40:2 & 4ab, 7-8a, 10, 11 Mark 3:31-35	Hebrews 10:11- 18 Psalm 110:1, 2, 3, 4 Mark 4:1-20	Hebrews 10:19- 25 Psalm 24:1-2, 3- 4ab, 5-6 Mark 4:21-25	Hebrews 10:32- 39 Psalm 37:3-4, 5-6, 23-24, 39-40 Mark 4:26-34	Hebrews 11:1-2, 8-19 Luke 1:69-70, 71- 71, 73-75 Mark 4:35-41	Deut. 18:15-20 (71B) Psalm 95:1-2, 6-7, 7-9 1 Corinthians 7:32-35 Mark 1:21-28

Saturday, January 31, 2009, 5:00pm

Eucharistic Ministers: Sue Dukowitz, Rick Dukowitz, James Query, Charlotte Sponsel, Krys Williams

Lectors: 1st. Reading: Carolyn Cannava; 2nd reading: Barbara O'Lena

Altar Server: Nathan O'Lena

Sunday, February 1, 2009, 9:00pm

Eucharistic Ministers: Kathryn Dunagan, Laurie Stropes, David Stropes, Gloria Sweeney, Mike Sweeney

Lectors: 1st. Reading: Dave Carey; 2nd reading: Charlie Miller

Altar Server: Jacob O'Lena

Sunday, February 1, 2009, 11:30pm

Eucharistic Ministers: Tim Agosti, Dave Carey, Karen Evans, Diane Garske, Margaret Johnson

Lectors: 1st. Reading: Linda Houglum; 2nd reading: Jean Kudyba

Altar Server: Danny McIntosh

Mop & Bucket 1/26—1/31: Elaine Woodburn Family **Collection Counters: 2/1:** Kathryn Dunagan, Cathy Haas

Saturday February 14, 6pm, 2nd Annual Valentine Dinner sponsored by the Y.A.C.H.T. Club. Dinner and auction for any parishioner over 21. Proceeds from the auction will go toward the planning and implementation of more Youth events. We are in need of auction items (service or tangible) for both the silent and outcry auction. **Call Jen Ransom 260-1678** if you have an item to donate. If you are interested in helping decorate, serve, cook, take down, or help with the auction please call **Heather Stockton 260-6581**. Stay tuned for ticket information in the coming weeks.

Please join for the Children's Play date in the Redemptist Center — Tuesdays at 10am starting January 27. Please bring a toy that your child does not mind sharing and any snacks or drinks that you and your child may need. If you have any questions please call Heather Stockton 260-6581.

February Adoration Need: someone to take over Norma Daniels' adoration slot from 4 to 5pm on Thursdays (until she returns to full health). Please consider taking the month of February as January is taken. **Call Maria with any questions @ 262-1703.**

Redemptist Center Dedication DVD are now available at the Coffee Cart — \$15.00. Proceeds to support Redemptist Mission Orphanage in Thailand.

Alyeska Teen Ski/Snowboarding Trip has been rescheduled for Friday, February 6 (no school on this date). If you were already signed up to go, please let us know if you can/cannot make it, the sheet for this is on the Teen bulletin board. Or phone us. If unable to make the trip, please sign the "refund" sheet, so we can get this back to you.

Any Teens attending ski trip, also need to fill out another Medical Release, this one is for Alyeska itself. These forms are necessary and need to be filled out and returned before or on day of departure. Forms are located by Teen bulletin board or we can have one e-mailed to you.

Please contact with **Sue Dukowitz 283-4098** or **Elise Bell at 262-4956.**

Today, you will be invited to help Catholics worshipping in parishes throughout rural America with a gift to the Catholic Home Missions Appeal. Donations to this appeal help provide training for lay ministers and deacons, education for seminarians, religious, religious education for youth and adults; and support migrant ministry and programs serving Catholics representing minority groups. A portion of funds collected will come back to Alaska for our own rural parishes and missions. Please consider making a gift to this special collection.

Ministry of Mothers Sharing is an 8 session program for mothers of ALL ages and experiences.

Through reflection, sharing, prayer, and scripture participants learn about the true sacredness of the call of motherhood.

OLPH MOMS participants will meet weekly beginning February 28th and will follow the course guided by "MOMS: A Personal Journal".

If you are interested in participating in the Spring 2009 MOMS session, please phone **Sheilah-Margaret Pothast at 262-8551** or email at agr8fulmom@hotmail.com to register or for more information.

O'Neill Hall The New Stove is ready for use. We ask that everyone using the stove be inserviced:

- a) Lighting the ovens (convection)
- b) Lighting and using the griddle
- c) Cleaning of griddle

Also, there is an in-service on use and cleaning of dishwasher. Chef Dan Murray will be available after 9:00am Mass beginning February 1 or you may call him at 260-4474 to set up a time that would be convenient for both of you to meet.

In helping us assess the use of O'Neill Hall, there will be a book available in the kitchen. We ask that you please fill in when you have an activity such as a meeting, youth group, activity, reception, etc. Thank you for your cooperation.
