

# Our Lady of Perpetual Help

## Catholic Community

Eighteenth Sunday in Ordinary Time, August 2, 2009

Served by the Missionary Oblates of Mary Immaculate

**222 West Redoubt Avenue Soldotna, AK**

Office Phone: 262-4749

Parish Hall Phone: 262-5542

Web Site: - [www.olph.cc](http://www.olph.cc)

E-mail: [olph@alaska.net](mailto:olph@alaska.net)

		<u>Phone</u>	<u>E-mail</u>
Marlys Verba	Parish Director	262-5542/262-4749 option 4 Home Phone: 262-8830	<a href="mailto:marlys.verba@gmail.com">marlys.verba@gmail.com</a>
Fr. Roger Bergkamp	Pastor	262-4749, Option 3	
Fr. Andrew	Pastor	262-4749, Option 3	<a href="mailto:andyomi@gmail.com">andyomi@gmail.com</a>
Fr. Joe	Pastor	262-4749, Option 3	<a href="mailto:joejdowling@yahoo.com">joejdowling@yahoo.com</a>
Bro. Craig	Pastoral Associate	262-4749, Option 3	<a href="mailto:cbonham081@gmail.com">cbonham081@gmail.com</a>

**SUNDAY LITURGY:** Saturday 5pm, Sunday 9am and 11:30am, Sunday 5pm, until August 31

**WEEKDAY LITURGY:** Monday through Friday, 12:05pm

**Sacrament of Reconciliation:** Thursday 11:00 – 11:45am  
Saturday 4:00 – 4:45pm

**Sacrament of Anointing of Sick:** Available during the Sunday masses, or as needed.

**Sacrament of Baptism:** for children – Parents Prep class required. Call Marlys for reservations.  
Best done prior to birth.  
for adults – Contact the office about RCIA

**Sacrament of Marriage:** 6 month process (several classes and FOCUS Test and/or Engaged Encounter, or Couple to Couple...contact a priest.

**Pastoral Council:** meets the 3<sup>rd</sup> Thursday of each month (usually)

**Prayer Chain:** [pjham@att.net](mailto:pjham@att.net), Pat Hamilton 262-5250

**Sexual Abuse Victim Assistance Coordinator:** Marlys Verba

Please Note: Submissions/articles for the weekly bulletin via email must be in by Thursdays at noon to Marlys: [marlys.verba@gmail.com](mailto:marlys.verba@gmail.com) and you may send a copy to: [csponsel@acsalaska.net](mailto:csponsel@acsalaska.net)

## Becoming Viaticum

We are continuing with the Discourse of the Bread of Life from the Gospel of John this week. This weekend, we are focusing on the section of John 6: 24-35. We have the community looking for Jesus wanting more bread and having Jesus challenging them to realize that HE is the Bread of Life and if we want to receive HIM, we must believe in Jesus.

To seek what Jesus is doing is to become like HIM and do the good works that will last. Too often, we are caught up in our own way of thinking and not be truly open to the Word of God and what it takes for us to change.

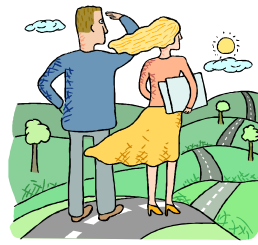
I remember an old Oblate, who served for the most of his life in Haiti and he gave me only a short sentence to become a good Oblate. "You must become **viaticum**, if you want to be an **good** Oblate." I remember how shocked, I was, because "**viaticum**" is the term used for bringing Eucharist to a person who is dying. "How could I do that?" I thought to myself and I as researched the meaning of the word, "viaticum" means in Latin, "provisions for the journey." The old Oblate was gently encouraging me to be become a nurturing source for others on their journey of life. Now being "nurturing" is not often considered the "manly" thing to do and being an old Merchant Mariner, being nurturing is last on our lists to do, because when I closed my eyes and try to envision what "nurturing" looks like I often see a mother nurturing her child and not a man sweating in the bowels of a ship in front of some huge boiler.

But thanks be to God, I have changed my vision of what "nurturing" looks like. I see it in my brothers' lives and how they are there for their children and I see it in how Fr. Tony would spend himself to the limits of his physical ability for the sake of Our Lady of Perpetual Help and how Fr. Joe is working very hard for the sake our young people who are heading out to Mountain Village.

Being a nurturing source is quite very manly indeed and it is not just limited to a mother's relationship to her child. We are called to be **viaticum** for each other if we want to truly heed Jesus' call and challenge to us and I will be fulfilling that call and challenge, when I nurture my Dad and Mom this week on the East Coast. I am going to thank each of them and tell them that I love them, plus to discover how they are really doing, because my parents still want to protect me from the realities of life, like fragility of being 87 and 89 years old. I am going to have invite them to finally let me be **viaticum** to them.

Thank you for reading my reflection and I will pray that all of you become good Oblates and be **viaticum** to your family, friends, those in need and those who are strangers, because that is the only sure way to follow Jesus.

Please pray for me and I will pray for thee.  
Fr. Andy OMI



## A LOOK AHEAD:

**Vocalists are needed** for 5pm evening Sunday Mass; please come at 4pm for practice before Mass or call Mark or Marnya Conway—262-2200 for more info. Thank you.

**YOUNG ADULT RETREAT Aug. 14-17**, pre retreat hike Aug. 11-14: The Community of St. John is coming to Alaska to put on a retreat for young adults (18-40). The retreat entitled "EAGLE EYE ALASKA" strives to bring each of its participants to experience the cry of thirst of Christ as intensely as possible by helping them delve as deeply as possible into the mystery of a Christian Charity lived out as a "sincere gift of themselves" (cf. Lumen Gentium 22) in prayer, study, fraternal charity and apostolic service. The pre-retreat hike will be Crow Creek Pass to Girdwood. **For more information, email Rachel Finley [raesure83@yahoo.com](mailto:raesure83@yahoo.com)**

**Registration for Generations of Faith** and other faith formation classes available for the upcoming year, including sacramental preparations for First Reconciliation/First Eucharist, and confirmation class will occur on the weekends of August 15/16, 22/23 and 29/30<sup>th</sup>.

**Please check the Generations of Faith bulletin board in the church foyer for upcoming notices.**

Just a few weeks before school starts and the SCRIP program is here to help. Make the best use of your money by buying gift cards to be used to make your school shopping purchases. Its that easy.....easy to make cents and sense of spending your money.

Save these dates:  
**September 18-19, 2009**

Make plans to join us for

# Discipleship Days 2009

## Formed by the Word



Held at  
*Lumen Christi High School*  
 (8110 Jewel Lake Road | Anchorage)

Sponsored by the  
*Archdiocese of Anchorage*

### Calendar for August 3, 2009 — August 9, 2009, with Daily Readings

<b>August 3</b> <b>Monday: Noon Mass</b> Morning prayer, 7:30am	<b>August 4,</b> <b>Tuesday: Noon Mass</b> Morning prayer, 7:30am	<b>August 5,</b> <b>Wednesday: Noon Mass</b> Morning prayer, 7:30am	<b>August 6,</b> <b>Thursday: Noon Mass</b> Morning prayer, 7:30am <b>Eucharistic Adoration starts after noon service</b> Men's Group Breakfast 6:30am	<b>August 7,</b> <b>Friday: Noon Mass</b> Morning prayer, 7:30am <b>Eucharistic Adoration ends before noon service</b>	<b>August 8,</b> <b>Saturday: 5pm Mass</b> Reconciliation 4:00pm	<b>August 9,</b> <b>Sunday: 9:00am, 11:30am and 5:00pm Masses</b>
Numbers 11:4b-15 Psalm 81:12-13, 14-15, 16-17 Matthew 14:13-21	Numbers 12:1-13 Psalm 51:3-4, 5-6ab, 6cd-7, 12-13 Matthew 14:22-36	Numbers 13:1-2, 25-14:1, 26a-29a, 34-35 Psalm 106:6-7ab, 13-14, 21-22, 23 Matthew 15:21-28	Daniel 7:9-10, 13-14 Psalm 97:1-2, 5-6, 9 2 Peter 1:16-19 Mark 9:2-10	Deuteronomy 4:32-40 Psalm 77:12-13, 14-15, 16&21 Matthew 16:24-28	Deuteronomy 6:4-13 Psalm 18:2-3a, 3bc-4, 47&51 Matthew 17:14-20	1 Kings 19:4-8 (116B) Psalm 34:2-3, 4-5, 6-7, 8-9 Ephesians 4:30-5:2 John 6:41-51

#### Saturday August 8, 2009, 5:00pm

**Eucharistic Ministers:** Barbara Bonk, John Bonk, Margaret Johnson, Bill Sadler, Barbara Dilley

**Lectors: 1<sup>st</sup> Reading;** Dave Nelson; **2<sup>nd</sup> Reading:** Jackie Swanson

**Altar Server:** Grey Hansen

#### Sunday, August 9, 2009, 9:00am

**Eucharistic Ministers:** Meg Zerbinos, Alex Zerbinos, Sonja Foutty, Shirley Johnsrud, Ruthann Truesdell

**Lectors: 1<sup>st</sup>. Reading:** Pat Cowan; **2<sup>nd</sup> reading:** Barb O'Lena

**Altar Server:** Jacob O'Lena

#### Sunday, August 9, 2009, 11:30am

**Eucharistic Ministers:** Mike Walker, Karen Evans, Marguerite McIntosh, Anna Laroche, Tim Agosti

**Lectors: 1<sup>st</sup>. Reading:** Charles Miller; **2<sup>nd</sup> reading:** Kathy Walker

**Altar Server:** Robert Johnson

**Mop & Bucket 8/3 — 8/8:** Joel Nelson Family **Collection Counters: 8/9:** Paul & Shirley Zobec

**SCRIP NEWS.....**School is quickly upon us and clothes, shoes, and other supplies are needed for our kids. Don't start your shopping without stopping at the SCRIP table for the gift cards for the stores that support our church. Your participation could contribute back to the church and get you ready for school at the same time. Many stores in Anchorage are participating and can be ordered for you. Look at the listing on the wall in the church.

**Year of the Priest: August prayer is for the cardinal virtue of prudence.**

“Prudence resides in the practical intellect and is both acquired by one's own acts and infused at the same time as sanctifying grace. It may be said to be natural as developed by us, and supernatural because conferred by God. As an act of virtue, prudence involves three stages of mental operation: to take counsel carefully with oneself and from others; to judge correctly on the basis of the evidence at hand; and to direct the rest of one's activity according to the norms determined after a prudent judgment has been made.” (*Modern Catholic Dictionary*, Fr. John Hardon) Also, see the Catechism of the Catholic Church, 2<sup>nd</sup> edition, paragraph 1806.



**Is Medjugorje calling you?**

Medjugorje (“between the hills”) has become well known in Bosnia-Herzegovina, and the world, because of six young people who claim to have seen visions of the Madonna. Beginning on June 24, 1981, the Blessed Mother appeared to, and later told the visionaries God set her to our world to help us convert our hearts and lives back to Him. Our Lady’s call is one of Peace, Love, Faith, Conversion, Prayer, and Fasting. We are each challenged to answer Our Lady’s call to change our lives, and hearts back to God.

The visionaries in Medjugorje tell us that no one goes to Medjugorje by accident. We are called individually by Our Lady. What an awesome thought! If you feel called to go to Medjugorje then answer Our Lady’s invitation!

Traveling to Medjugorje is truly a life changing experience!

For informing on joining our pilgrimage to Medjugorje, please call or email for more information. Ed Harper, Phone 567-4487, email: [erhjn@alaska.net](mailto:erhjn@alaska.net)

Date of pilgrimage: November 5 to November 13, 2009. Confirmation needs to be done soon, space is limited!

**SCRIP NEWS.....**Many thanks to those who have participated in the SCRIP program the past years and made it so successful. With many hands makes light work and it has been appreciated the faithfulness many of you have had in the raising of funds for the new hall. We ask that you also encourage others to begin and become part of the fundraising by stopping by the SCRIP table after Mass.