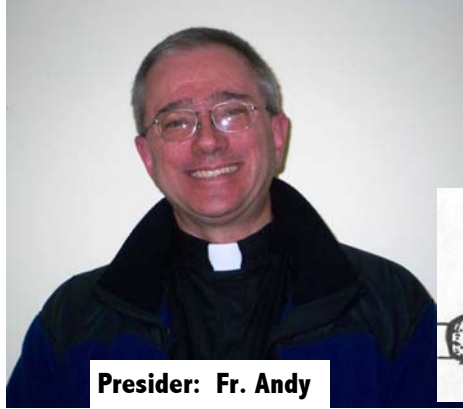


Too busy for Generations of Faith? Open your heart and clear your calendar just once — you'll find you want to MAKE time for GOF——

Register to help and/or participate in the first session, Sunday November 23rd, 1-3:30pm.



President: Fr. Andy



Saturday, November 1, 2008 5:00pm	Sunday, November 2, 2008 9:00am	Sunday, November 2, 2008 11:30am
Eucharistic Ministers:		
Barbara Bonk John Bonk Joe Deveaux Bill Sadler Charlotte Sponsel	Kathleen Dunagan Rose Henry Shirley Johnsrud Myrna Cowan Stephanie Cox	Tim Agosti Dave Carey Connie Gatling Lucy Katzenberger Cindy Kircher
Lectors:		
1st reading: Carolyn Cannava 2nd reading: David Nelson	1st reading: Pat Cowan 2nd reading: Barbara O'Lena	1st reading: Dave Carey 2nd reading: Karl Kircher
Altar Servers:		
Mop & Bucket: 10/27 — 11/1, Al Helminski family Collection Counters: 11/2, Joyce & Paul Fischer		

! REMINDER !

YOUR CLOCKS SHOULD "FALL BACK" NEXT SUNDAY NOVEMBER 2 AT 2AM !!



Calendar October 27 — November 2, 2008 Daily Readings

October 27, Monday: Noon Mass Morning prayer, 7:30am	Ephesians 4:32—5:8 Psalm 1:1-2,3,4 & 6 Luke 13:10-17
October 28, Tuesday: Noon Mass Morning prayer, 7:30am Stewardship Meeting, 4pm Liturgy meeting 6:30pm in the hall RCIA 7pm in the hall	Ephesians 2:19-22 Psalm 19:2-3, 4-5 Luke: 6:12-16
October 29, Wednesday: Noon Mass Morning prayer, 7:30am	Ephesians 6:1-9 Ps. 145:10-11,12-13ab,13cd-14 Luke 13:22-30
October 30, Thursday: Noon Mass Morning prayer, 7:30am Reconciliation: 11—11:45am Eucharistic Adoration starts after noon service	Ephesians 6:10-20 Psalm 144:1b, 2, 9-10 Luke 13:31-35
October 31, Friday: Noon Mass Morning prayer, 7:30am Eucharistic Adoration continuous from yesterday, ends before Mass	Philippians 1:1-11 Psalm 111:1-2, 3-4, 5-6 Luke 14:1-6
November 1, Saturday: 5pm Mass Reconciliation, 4:00pm	Revelation 7:2-4,9-14(667) Psalm 24:1bc-2, 3-4ab, 5-6 1 John 3:1-3 Matthew 5:1-12a
November 2, Sunday: 9:00am, 11:30am Masses	Isaiah 25:6, 7-9 (668.3) Psalm 23:1-3a,3b-4, 5, 6, (668.1) Rom. 6:3-9(668.3) John 6:37-40(668.8)



Our Lady of Perpetual Help Catholic Church

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Prayer Chain: pigham@att.net, Pat Hamilton, 262-5250

Email: olph@alaska.net
Website: www.olph.cc

Pastoral Team:

Fr. Tony Dummer, OMI, Moderator
Fr. Andy Sensenig, OMI
Fr. Joe Dowling, OMI
Phone: 262-4749, Option 3

Bro. Craig Bonham, OMI, Pastoral Associate

Marlys Verba, Parish Director:
office 262-5542/262-4749 option 4
Home Phone: 262-8830

Bulletin for October 26, 2008

Thirtieth Sunday in Ordinary Time

We fulfill the commandment to love our neighbor when we exercise good stewardship—joyfully sharing our gifts of life, abilities, and resources to meet our neighbor's need.

Self-Care

“You shall love your neighbor as yourself”. This is a command that we often fail to keep because of those two little words “as yourself”. I would like to think that most of us try to love our neighbor, but when it comes to loving ourselves we often come up short. In fact, often we confuse loving ourselves with being selfish. And there’s good reason for the confusion, because some people think that loving ourselves means only looking out for our own best interests and ignoring the interests of others.

Positive self-love means knowing what our real needs are and attempting to look after those needs. Some needs are obvious such as proper rest and nutrition, health care, intellectual stimulation. Others, while just as important, might not seem so obvious --- the need for quiet, a spirit of reflection, friendship and community, worship, healthy boundaries and so on. We need to discover both the obvious and the not so obvious needs that we have. We who are believers know that to meet our needs is to be true to who we are as children of God. Our bodies are meant to function in the way they were created. Not everyone needs to have a body capable of running the marathon or lifting five hundred pounds. But we all need enough rest, proper nutrition, and restoring recreation.

Regarding our care of our spirit, many of us have become spiritual couch potatoes. We are entirely too passive when it comes to our spiritual self-care. We expect the priest to take care of our spiritual needs. But authentic spirituality means there is a relationship between God and ourselves. We need to be an active part of that relationship. This means active prayer, reflection, reading and interacting with other Christians.

fr.tony,omi

Annual Stewardship Drive ... "A candle loses nothing by lighting another candle." ~James Keller~ **Join** us after Mass this Saturday/Sunday and next Saturday/Sunday. Prayerfully determine which ministry you would like to share your time & talents with & win a prize in the drawings being held after the Stewardship Drive. "Dear Lord, teach me to be generous. Teach me to serve you as you deserve, to give and not count the cost, to fight and not heed the wounds, save that of knowing that I do your will." - St. Ignatius Loyola

Our Military Care Packages Ministry

for the holiday collection begins this weekend and will continue through November 30 with mailing of all packages by December 1. Please add names and addresses of men and women serving in the military in Iraq or Afghanistan on the lists provided on either the bulletin board or the military table in the church foyer. Include the name and phone number of the person submitting the name for contact purposes.

Please bring items to include in the care packages: cards; letters from home, socks, razors, razor blades, shaving cream, small pkgs. wipes, small pkgs. food-canned salmon, trail mix, beef jerky, nuts, AA batteries, current magazines, new paperback books, hard candies, holy cards, prayer cards, religious pamphlets. Monetary donations are welcome—we can do your shopping for you or apply to postage.

Please no home cooked food. Thank you very much for your contributions to this ministry. Last year we mailed 35 boxes to Iraq and Afghanistan that were shared with numerous platoons and warmly received by all. It makes a big difference in the moral of our troops serving overseas to know we are thinking of them and praying for them back home.

Karen Evans 260-3637 or kevans@borough.kenai.ak.us

Flower Ministry starts this weekend—

We have enjoyed the fresh flowers from our garden and parishioners’ gardens all summer and now it is time for the Flower Ministry to furnish the flowers for the altar and both sides of the tabernacle. For more information, please see the sign up sheet on the bulletin board in the foyer and note the dates. The flower ministry does not furnish flowers during advent and lent. Since this is a Ministry, receipts for flowers may be deposited in the donation basket for your weekly donation. Please include your name and “flower ministry”. Thank you for helping to beautify the altar.

Teen Night: Calling all junior high and high school students! Our next Teen Night is November 2nd at 5 p.m. at O.L.P.H. Join us for faith, fellowship and fun as we celebrate a teen-centered, family-welcome mass, a teen-only dinner and a trip through the Hay Maze. A sign up sheet and permission slips are in the foyer next to the teen bulletin board. Transportation to Solid Rock will be provided. Cost is \$5 per teen; financial-need scholarships are available. For more information, contact Adam Bell at 262-4956.

Ministry Fair will occur for the next two weekends after each Mass; please join us.

Calendar of events:

Stewardship meeting: Tuesday at 4pm

Liturgy meeting at 6:30pm in the hall

RCIA 7pm in the hall.

